THE SKATING CLUB OF WESTERN NEW YORK

Presents the

29th ANNUAL SPRING SKATE FESTIVAL & BASIC SKILLS COMPETITION



SATURDAY, MAY 19, 2018 SUNDAY, MAY 20, 2018

To Be Held at HOLIDAY TWIN RINKS Cheektowaga, New York

Sanctioned by: United States Figure Skating Skate Canada

Entry Deadline: April 15, 2018

Events Include:

Freeskating, Short Program, Test Track Freeskating, Adult Events, Compulsory Moves, Compulsory Spins, Jumps, Solo Dance, Shadow Dance, Footwork, Showcase, Interpretive, Teams, Basic Skills

FOR INFORMATION E-MAIL: kathygregoire@yahoo.com

Applications available on line at: www.skatingclubofwesternnewyork.org

The Spring Skate Festival Competition is open to all eligible skaters who are members in good standing with US Figure Skating or Skate Canada.

US Figure Skating rules for non-qualifying competitions, as set forth in the 2015-2016 US Figure Skating Rulebook, shall apply. <u>The International Juding System (IJS)will be used for all short programs and</u> <u>Juvenile through Senior Freeskating</u> (except Open Juvenile). All other events will be judged using the 6.0 judging system.

SKATING CLUB OF WESTERN NEW YORK 29th ANNUAL SPRING SKATE FESTIVAL MAY 19 & 20, 2018

ELIBILITY

The 29th Annual Spring Skate Festival is open to all skaters who are current eligible (ER 1.00) members of U.S. Figure Skating or Skate Canada or the Basic Skills Program.

The 29th Annual Spring Skate Festival will be conducted according to the rules set forth in the 2017-2018 U.S. Figure Skating Rulebook. Free Skate and short programs for levels Juvenile (excluding Open Juvenile) through Senior will be judged using the IJS system. All other events will be judged under the 6.0 system. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Categories determined by age and/or test passed as of <u>April 15, 2018</u>. Competitors may enter as many events as they desire, provided they meet the entry requirements. Skaters may not compete below their test level. Large events will be separated into flights with separate awards for each flight.

Boys will compete in their own events if sufficient entries are received.

Age restrictions/requirements: Skaters entering juvenile free skate events (well balanced program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (well balanced program), must be at least 14 years of age at the close of entries.

Skaters entering beginner through pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one age group.

FACILITIES

The competition will be held at Holiday Twin Rinks, 3465 Broadway, Cheektowaga, New York (a suburb of Buffalo). Events will be conducted on a 85' x 200' rink. Snack bar and dressing rooms are available. Directions to the rink are available at: www.holidayrinks.com.

ENTRIES

Entries must be filled out completely and legibly to be accepted and postmarked no later than <u>April 15,</u> <u>2018</u>. The competition chairperson reserves the right to limit the size of each event, to cancel any event with less than two entrants (with refund of entry fee) and to combine or divide groups as necessary. For all events where permitted by USFS, male and female skaters may compete against each other if there are insufficient entries to hold a separate event. Skaters may skate up on level in any event but may not skate below their test level.

Entries should be mailed to:

Kathy Gregoire Spring Skate Festival 3598 Heatherwood Drive Hamburg, New York 14075

ENTRY FEES

Entry fees must accompany application. Checks and money orders in <u>U.S. FUNDS ONLY</u> and made payable to Skating Club of Western New York. Late applications are subject to a \$25.00 late fee and will only be accepted upon available time and space. No refunds will be issued after the close of entries (including medical) unless an event has been cancelled (Per Rule CR33.05). Returned checks are subject to a \$25.00 fee. Entry fees are as follows:

\$75.00 for each IJS events (Short & Long Programs)
\$65.00 for first event (Non IJS Events)
\$20.00 for additional event (Non IJS Events)
\$45.00 per pair/couple
\$40.00 per team
\$30 for 1st Basic Skills Event; \$20 for 2nd Basic Skills Event

JUDGING SYSTEM

The International Judging System (IJS) will be used for the following events:

- Well Balanced Program free skate events Juvenile through Senior and Adult Silver & Gold
- Short Program Events Intermediate through Senior
- Free Dance Events Juvenile through Novice

All competitors skating in these events need to submit the Planned Program Content Form. These must be returned with the entry form no later than: April 15, 2016. Skaters registered with U.S. Figure Skating may also update their Planned Program Content Form on-line in the Member's Only section at www.usfigureskating.org.

The 6.0 Majority Judging System will be used for the following events:

- Well Balance Program free skate events Beginner through Pre-Juvenile, Open Juvenile, Adult Pre-Bronze & Adult Bronze
- All Test Track Events
- All Compulsory Moves, Jumps, Spins, Footwork Showcase & Music Interpretation Events
- All Solo Dance and Shadow Dance Events

REGISTRATION

A registration desk will be located at the main entrance to Holiday Twin Rinks and will be open throughout the competition. Competitors should register promptly upon their arrival and submit their music during registration. Skaters should arrive at the rink at least <u>**1 HOUR PRIOR**</u> to their event's start time. Events will not be delayed for late arriving skaters.

AWARDS

Awards will be given for 1st, 2nd and 3rd places. Ribbons will be awarded for 4th and 5th places. Awards will be available immediately after the event has been posted and can be picked up at the awards table.

MUSIC

Each competitor must supply their own music on CD's (no CD-RW's, MP3's, or music upload systems) for the freestyle, short program, footwork and showcase events. CD's should be clearly labeled with skater's name, club and event. Only one selection should be on the CD Music is to be turned in at the registration desk and will be available at the registration desk for pick up after the event. Skaters should have appropriate backup CD's with them. Every reasonable care will be taken, but the Skating Club of Western New York cannot be responsible for CD's left at the end of the competition. The music for the Dance and Music Interpretation events will be supplied by the competition committee and only that music will be played. **LIABILITY:** U.S. Figure Skating, Skating Club of Western New York and Holiday Twin Rinks accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the Official U.S. Figure Skating Rulebook.

RESULTS

Results will be available at the registration event after each event for \$0.25 per copy for 6.0 events. For IJS events results are available for \$1.00 per page for IJS Protocol and Standing sheets.

SCHEDULE

As soon as possible after the entry deadline, a TENTATIVE SCHEDULE will be posted on the Skating Club of Western New York web site: <u>www.skatingclubofwesternnewyork.org</u>. No schedule times will be given out over the phone.

VIDEO/CAMERA

Action Photos will be available through ProPhoto FX and video will be available through RES Video. Personal videotaping may only be done from the stands with hand held cameras. No lights, tripods or taping permitted at rink side. For the safety of the skater – NO FLASH PHOTOGRAHY WILL BE PERMITTED.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Registration

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf

ACCOMMODATIONS

Listed below are various hotels close to the ice rink:

HAMPTON Inn – 1745 Walden Avenue (Exit 52), Phone 716-894-8000 RED ROOF INN – Transit Road (Exit 49), Phone 716-633-1100 COMFORT SUITES – 901 Dick Road, Phone 716-633-6000 MILLENNIUM HOTEL – 2040 Walden Ave. (Exit 52), Phone 716-681-2400 DAYS INN – 4345 Genesee Street, Phone 716-631-0800 HOMEWOOD SUITES – 760 Dick Road, Phone 716-685-0700 HOLIDAY INN EXPRESS – 131 Buelle Avenue, Phone 716-631-8700 GARDEN PLACE HOTEL - 6615 Transit Road, Phone 716-683-7990 HOLIDAY INN BUFFALO AIRPORT - 4600 Genesee Street, Phone 716-634-6969

Get more information on hotels and area attractions from the Buffalo Niagara Convention and Visitors Bureau at www.buffalocvb.org.

PRACTICE

Practice ice will be available on Saturday, May 19^{th} at 7:00 a.m. There will be 2 – 20 minute practice ice sessions available at a cost of \$15.00 per session. One session will be for No-Test through Pre-Juvenile and one session will be for Juvenile through Adult. No music will be played during practice ice.

ADMISSION

Admission to all events is free.

INQUIRIES

For further information, the preferred method of contact is by e-mail: <u>kathygregoire@yahoo.com</u>. If e-mail is not accessible, please call Kathy Gregoire at 716-432-0692 between 6:00 & 8:00 p.m. only.

Information will be also be posted on the Skating Club of Western New York's web site: www.skatingclubofwesternnewyork.org

SKATING CLUB OF WESTERN NEW YORK 28^{9h} ANNUAL SPRING SKATE FESTIVAL EVENTS AND ELIGIBILITY TEST AND AGE STATUS AS OF APRIL 15, 2018

WELL BALANCED FREESKATING

Skaters may not compete below their test level. They must skate at their test level OR up one level, but not both.

CATEGORY	QUALIFICATIONS	SKATE CANADA	TIME
Beginner	Not passed any USFS tests. Jumps with no more than ½ rotation	CANSkate	1:40 min. max.
High Beginner	Not passed any USFS tests. Only waltz, salchow, toe loop & ½ revolution jumps	CANSkate	1:40 min. max.
No-Test	Not passed any USFS tests. No axel or double jumps	CANSkate	1:40 min. max.
Pre-Preliminary A	Not passed Preliminary Freeskating test. No axel or double jumps permitted	CANSkate	1:40 min. max.
Pre-Preliminary B	Not passed Preliminary Freeskating test. Axel permitted. No double jumps	Not passed Preliminary	1:40 min. max.
Preliminary A	Not passed Pre-Juvenile Freeskating test. Axel permitted. No double jumps	Preliminary	1:30 +/- 10 sec.
Preliminary B	Not passed Pre-Juvenile Freeskating test. Axel plus up to 2 different double jumps permitted.	Preliminary	1:30 +/- 10 sec.
Pre-Juvenile	Not passed Juvenile Freeskating test.	Preliminary	2:00 +/- 10 sec.
Juvenile (14 & younger)	Not passed Intermediate Freeskating test.	Junior Bronze	2:20 +/- 10 sec.
Open Juvenile (14 & up)	Not passed Intermediate Freeskating test.	Junior Bronze	2:20 +/- 10 sec.
Intermediate	Not passed Novice Freeskating test	Senior Bronze	2:40 +/- 10 sec.
Novice	Not passed Junior Freeskating test.	Junior Silver	Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.
Junior	Not passed Senior Freeskating test.	Senior Silver	Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.
Senior	Passed Senior Freeskating test.	Gold	Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.
Adult Pre-Bronze (21 & up)	Passed Adult Pre-Bronze Freeskating Test. No lutz, axel or double jumps.	Canadian Equiv.	1:40 min. max.
Adult Bronze (21 & up)	Passed Adult Bronze Freeskating test. No axels or double jumps.	Canadian Equiv.	1:50 min. max.
Adult Silver (21 & up)	Passed Adult Silver Freeskating test. Axels permitted, no double jumps	Canadian Equiv.	2:10 min. max.
Adult Gold (21 & up)	Passed Adult Gold Freeskating test.	Canadian Equiv.	2:40 min. max.

SHORT PROGRAM

Skaters may not compete below their test level. They must skate at their test level OR up one level, but not both.

CATEGORY	QUALIFICATIONS	DURATION
Intermediate	Governed by Rules of 2017-2018 U.S. Figure Skating Rule Book, Rule No. 4230	2:10 min. max.
Novice	Governed by Rules of 2017-2018 U.S. Figure Skating Rule Book, Rule No. 4220	2:30 min. max.
Junior	Governed by Rules of 2017-2018 U.S. Figure Skating Rule Book, Rule No. 4120	2:40 +/- 10 sec.
Senior	Governed by Rules of 2017-2018 U.S. Figure Skating Rule Book, Rule No. 4200	2:40 +/- 10 sec.

EVENT: Introductory Levels Free Skate Program

General event parameters:

- 1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

4. The 6.0 Judging System will be utilized for these events.

Level	Jump Elements	Spins	Step Sequences	Qualifications
BEGINNER 1:40 Maximum	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump 	 Max. 2 spins: Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
HIGH BEGINNER 1:40 Maximum	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump. 	 Max. 2 spins: Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
NO-TEST 1:40 Maximum	 Max. 5 jump elements: All single jumps allowed except for the single Axel No single Axel 	 Max. 2 spins: Spins may change feet and/or position Spins may start with a flux 	Max. 1 Sequence: • Step sequence must use one-half the ice surface	
1.40 Maximum	 No single Axels, double jumps or triple or quadruple jumps Number of single jumps (except single Axels is not limited provided the maximum number of jump elements allowed is not exceeded Maximum of 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted Jump sequences limited to a maximum of 3 single jumps 	 Spins may start with a fly Minimum 3 revs. Spins must be of a different character (For definition see rule 4103E) 	 Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the step sequence 	

EVENT: Well Balanced Program Free Skate

General event parameters:

- 1. Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted for Pre-Preliminary Intermediate.
- 3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 4. The 6.0 Judging System will be utilized for Pre-Preliminary through Pre- Juvenile including Open Juvenile; IJS judging will be utilized for Juvenile through Senior Events.
- 5. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under "Technical Information," then "Singles/Pairs"

Level	Jumps	Spins	Step Sequences
PRE- PRELIMINARY 1:40 maximum *means element is required	 Maximum of 5 jump elements: All single jumps, including the single Axel, allowed No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequences limited to a maximum of 3 single jumps 	 Maximum of 2 spins: Spins may change feet and/or position. Spins may start with a fly. Min. of 3 revolutions These spins must be of a different character. For definition see U.S. Figure Skating Rule 4103(E) Maximum of 2 spins: 	 Max. 1 Sequence: Step sequence must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence Max. 1 Sequence:
PRELIMINARY 1:30 +/- 10 sec. *means element is required	 One must be an Axel-type jump or a waltz jump* All single jumps, including the single Axel allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop Double flip, double Lutz, double Alex, triple and quadruple jumps are not allowed. An Axel plus up to 2 different, allowable double jumps may be repeated once (but no more) as solo jumps or part of a jump sequence or jump combination. Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded. Max of 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one 3 jump combination with a maximum of 2 double jumps and 1 single jump is allowed Jump sequences limited to a maximum of 3 single or double jumps 	 Spins may change feet and/or position Spins may start with a flying entry Min. 3 revs. These spins must be of a different character For definition see U.S. Figure Skating Rule 4103 (E) 	 Step sequence must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence
PRE-JUVENILE	 Maximum of 5 jump elements: 1 must be an Axel-type jump* All single and double jumps allowed except for the double Axel 	 Maximum of 2 spins: 1 spin combination, with or without change of foot 	 Max 1 Sequence: Step sequence must fully utilize the ice
2:00 +/- 10 sec. *means element is required	 No double Axels, triple or quadruple jumps allowed An Axel plus up to 3 different double jumps may be repeated once (but no more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed Jump sequences limited to a maximum of 3 single or double jumps 	 (Min 6 rev)* 1 spin with only 1 position. No change of foot. Min 4 rev.* Both spins may start with a flying entry These spins must be of a different character For definition see U.S. Figure Skating Rule 4103 (E) 	 surface Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the step sequence

JUVENILE and OPEN JUVENILE 2:20 +/- 10 sec *means element is required	 Maximum of 5 jump elements: 1 must be an Axel-type jump* All single and double jumps, including the double Axel, allowed No triple or quadruple jumps allowed No more than 3 different double jumps may be repeated and if repeated, at least one attempt must be in a jump combination or a jump sequence If both executions (of the double) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump can be included more than twice Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed Number of jumps in jump sequence is not limited 	 Maximum of 2 spins: 1 spin combination, with or without change of foot (Min 8 revs) (Min 2 revs in each position)* 1 spin with only 1 position no change of foot (Min 5 revs)* Both spins may start with a flying entry Spins must be of a different character For definition see U.S. Figure Skating Rule 4103 (E) 	 Max 1 Sequence: One choreographic step sequence* Must fully utilize the ice surface
INTERMEDIATE 2:40 +/-10 sec *means element is required	 Maximum of 6 jump elements: 1 must be an Axel-type jump* All single, double and triple jumps allowed. No quadruple jumps allowed. No more than 2 different jumps with 2-1/2 or 3 revolutions may be repeated If any double or triple jumps, including the double Axel, are repeated, at least one attempt must be part of a jump combination or sequence If both executions (of the double or triple) are as solo jumps, the second of these jumps will receive 70% of its original base value No double or triple jump can be included more than twice Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed Number of jumps in jump sequence is not limited 	 Maximum of 2 spins: 1 spin combination, with or without change of foot (Min 8 revs) (Min 2 revs in each position)* 1 spin with only 1 position; no change of foot (Min 5 revs) * Both spins may start with a flying entry Spins must be of a different character For definition see U.S. Figure Skating Rule 4103 (E) 	 Max 1 Sequence: One leveled step sequence* Level 2. Only Minimum Variety (5 turns) & Simple Variety (7 turns) and rotation in each direction covering at least 1/3 of the pattern in each direction will be evaluated for the level Must fully utilize the ice surface

	Maximum of 6 jump elements:	Maximum of 3 spins:	Max 1 Sequence:
NOVICE	 1 must be an Axel-type jumps* 	• 1 spin combination; with or	One leveled step
LADIES	All single, double and triple jumps are allowed. No quadruple	without change of foot (Min	sequence*
	jumps allowed.	10 revs) (Min 2 revs in each	Must fully utilize the ice
3:00 +/- 10 sec	 No more than 1 double Axel and 2 different triple jumps may 	position) *	surface
	be repeated, and if repeated, at least 1 attempt must be as	 1 flying spin with no change 	
*means	part of a jump combination or sequence	of foot or position (Min 6	
element is	 If both executions (of the double Axel or same triple) are as 	revs)*	
required	solo jumps the second of these jumps will receive 70% of its original base value	• 3rd spin is option of skater	
	• There is no limit to the number of different double jumps that	All spins may start with a flying	
	can be repeated, but no double or triple jump can be included more than twice	entry	
	Max 3 jump combinations or sequences	Spins must be of a different	
	• Jump combinations limited to 2 jumps except one 3-jump combination is allowed	character	
	 Number of jumps in jump sequence is not limited 	For definition see U.S. Figure	
		Skating Rule 4103 (E)	

	Maximum of 7 jump elements:	Maximum of 3 spins:	Max 1 Sequence:
NOVICE MEN	 1 must be an Axel-type jumps* 	• 1 spin combination; with or	One leveled step
3:30 +/- 10 sec	 All single, double and triple jumps are allowed. No quadruple jumps allowed. No more than 1 double Avel and 2 different triple jumps may 	without change of foot (Min 10 revs) (Min 2 revs in each position) *	sequence* Must fully utilize the ice surface
means element is required	 No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence If both executions (of the double Axel or same triple) are as solo jumps the second of these jumps will receive 70% of its original base value 	 1 flying spin with no change of foot or position (Min 6 revs) 3rd spin is option of skater 	surrace
	 There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice 	All spins may start with a flying entry	
	 Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed 	Spins must be of a different character	
	Number of jumps in jump sequence is not limited	For definition see U.S. Figure Skating Rule 4103 (E)	

	Maximum of 7 jump elements:	Maximum of 3 spins:	Max 1 Sequence:
JUNIOR LADIES	 1 must be an Axel-type jump* 	• 1 spin combination; with or	One leveled step
	 Jumps can contain any number of revolutions 	without change of foot (Min	sequence*
3:30 +/- 10 sec	• Of all the triple or quads, only 2 can be executed twice	10 revs) (All 3 basic positions	• Must fully utilize the ice
	• If both executions (of the same triple or quad) are as solo	with min 2 revs in each	surface
*means	jumps, the second of these jumps will receive 70% of its	position for highest base	
element is	original base value	value)*	
required	• No double jump, including double Axel, can be included more	• 1 spin with a flying entry (Min	
	than twice in total as solo jump or part of a	6 revs	
	combination/sequence	 1 spin with only 1 position 	
	Max 3 jump combinations or sequences	(Min 6 revs)*	
	 Jump combinations limited to 2 jumps except one 3-jump 		
	combination is allowed	All spins may change feet and	
	Number of jumps in a sequence is not limited	start with a flying entry	
		Spins must be of a different	
		character	
		For definition see U.S. Figure	
		Skating Rule 4103 (E)	

	Maximum of 8 jump elements:	Maximum of 3 spins:	Max 1 Sequence:
JUNIOR MEN	 1 must be an Axel-type jump* 	• 1 spin combination with or	One leveled step
	 Jumps can contain any number of revolutions 	without change of foot (Min	sequence*
4:00 +/- 10 sec *means element is required	 Of all the triple or quads, only 2 can be executed twice If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump, including double Axel, cna be included more than twice in total as solo jump or part of a combination/sequence Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed Number of jumps in a sequence is not limited 	 10 revs) (All 3 basic positions with min 2 revs in each position for highest base value)* 1 spin with a flying entry (Min 6 revs 1 spin with only 1 position (Min 6 revs)* All spins may change feet and start with a flying entry Spins must be of a different character 	• Must fully utilize the ice surface
		For definition see U.S. Figure	
		Skating Rule 4103 (E)	

SENIOR LADIES 4:00 +/- 10 sec *means element is required	 Maximum of 7 jump elements: 1 must be an Axel-type jump* Jumps can contain any number of revolutions Of all the triples or quads, only 2 can be executed twice If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed Number of jumps in a sequence is not limited 	 Maximum of 3 spins: 1 spin combination; with or without change of foot (Min 10 revs) (all 3 basic positions with min 2 revs in each position for highest base value)* 1 spin with a flying entry (Min 6 revs)* 1 spin with only 1 position (Min 6 revs)* All spins may change feet and start with a flying entry Spins must be of a different character For definition see U.S. Figure Skating Rule 4103 (E) 	 Max 2 Sequences: One leveled step sequence (Must fully utilize the ice surface)* One choreographic sequence (Must be clearly visible)*
SENIOR MEN 4:30 +/- 10 sec *means element is required	 Maximum of 8 jump elements: 1 must be an Axel-type jump* Jumps can contain any number of revolutions Of all the triples or quads, only 2 can be executed twice If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed Number of jumps in a sequence is not limited 	 Maximum of 3 spins: 1 spin combination; with or without change of foot (Min 10 revs) (all 3 basic positions with min 2 revs in each position for highest base value)* 1 spin with a flying entry (Min 6 revs)* 1 spin with only 1 position (Min 6 revs)* All spins may change feet and start with a flying entry Spins must be of a different character For definition see U.S. Figure Skating Rule 4103 (E) 	 Max 2 Sequences: One leveled step sequence (Must fully utilize the ice surface)* One choreographic sequence (Must be clearly visible)*

EVENT: Adult Free Skate

General event parameters:

- 1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 4. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.
- 5. The following deductions will be taken:
 - -0.1 from each mark for each technical element included that is not permitted in the event description.
 - -0.2 from the technical mark for each extra element included.
 - -0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences
ADULT GOLD 2:40 max	 Maximum 5 Jump Elements: Max 3 combinations or sequences 1 jump combination/sequence may contain 3 jumps; the remaining jump combinations/sequences are limited to 2 jumps Each jump combination or sequence may include only 1 double jump Each jump may be repeated only once, and only as part of a combination or sequence If both executions of the same jump are as solo jumps, the second of these jumps will receive 70% of its original base value All single jumps, including the single Axel, and the following double jumps are permitted: double toe loop, double Salchow. Double look, double flip, double Lutz, double Axel and triple jumps are not permitted 	 Maximum 3 Spins: Spins must be of different character (for definition, see U.S. Figure Skating rule 4103(E) Min. 4 revolutions total if no change of foot Min. 4 revolutions each foot if change of foot Min. 2 revolutions in position 	 Maximum 1 Step Sequence: 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
ADULT SILVER 2:10 max	 Maximum 5 Jump Elements: Max 2 combinations or sequences 1 jump combination/sequence may contain 3 jumps, and the other may contain only 2 jumps Additional jump sequences which contain non-listed jumps of not more than 2 revolution performed as part of connecting footwork preceding single jumps are permitted Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) All single jumps, including single Axel, are permitted No double or triple jumps are permitted 	 Maximum 2 Spins: Spins must be of different character (for definition, see U.S. Figure Skating rule 4103(E) Min. 3 revolutions total if no change of foot Min. 3 revolutions each foot if change of foot Min. 2 revolutions in position No flying spins are permitted 	 Maximum 1 Step Sequence: 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such

ADULT BRONZE 1:50 max	 Maximum 4 Jump Elements: Max 2 combinations or sequences 1 jump combination/sequence may contain 3 jumps, and the other may contain only 2 jumps Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) All single jumps are permitted (except single Axel) No single Axel, double or triple jumps are permitted 	 Maximum 2 Spins: Spins must be of different character (for definition, see U.S. Figure Skating rule 4103(E) Min 3 revs total if no change of foot Min 3 revs each foot if change of foot Min 2 revs in each position No flying spins are permitted 	 Maximum 1 Sequence 1 Choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals) Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.
ADULT PRE BRONZE 1:40 max	 Maximum 4 Jump Elements: Max 2 combinations or sequences 1 jump combination/sequence may contain 3 jumps, and the other may contain only 2 jumps Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) Only single and half-revolution jumps are permitted No single Lutz, single Axel or double or triple jumps are permitted 	 Max. 2 Spins Min. 3 revs Spins with a flying entry are not permitted 	 Maximum 1 Sequence 1 Choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals) Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.

EVENT: Test Track Free Skate

General event parameters:

- 1. Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- 4. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- 5. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
PRE-PRELIMINARY 1:40 maximum	 Maximum of 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre- preliminary free skate test
PRELIMINARY 1:30 +/- 10 sec.	 Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
PRE-JUVENILE 2:00 +/- 10 sec.	 Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One spin in one position, no change of foot (Min. 3 revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre- juvenile free skate test
JUVENILE 2:15 +/- 10 sec.	 Maximum of 5 jump elements: Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) Only solo spin may fly 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test

	Maximum of 6 jump elements:	Maximum of 2 spins:	One step sequence	Skaters must have
INTERMEDIATE	• Any single jumps.	One must be a flying	fully utilizing ice	passed at least the
	Double jumps permitted:	spin (min 5	surface	U.S. Figure Skating
2:30 +/- 10 sec.	double Salchow and	revolutions),		juvenile free skate
-	double toe loop.	One must be a		test but may not
	 Maximum of 3 jump 	combination spin with		have passed tests
	combinations or	at least one change of		higher than
	sequences	foot and at least one		intermediate free
	Max. 2 of any same type	change of position		skate test
	jump	(minimum 4 revolutions		
	Ja	per foot).		
	Maximum of 7 jump elements for	Maximum of 3 spins, of a	One step sequence	Skaters must have
NOVICE	men and 6 for ladies:	different nature:	or spiral sequence	passed at least the
	 Any single jumps. 	One must be a	fully utilizing ice	U.S. Figure Skating
Ladies: 3:00 +/- 10	• Double jumps permitted:	combination spin with	surface	intermediate free
sec.	double Salchow, double	at least one change of		skate test but may
Men:	toe loop and double loop.	foot and at least one	(see rule 4104 &	not have passed tests
3:30 +/- 10 sec.	Maximum of 3 jump	change of position (min	4105 for remarks)	higher than novice
	combinations or	5 revs per foot)		free skate test
	sequences	• The other spins are the		
	Max. 2 of any same type	option of the skater		
	jump	(min 6 revolutions per		
		foot)		
		• All spins may fly		
	Maximum of 8 jump elements for	Maximum of 3 spins of a	One step sequence	Skaters must have
JUNIOR	men and 7 for ladies:	different nature:	fully utilizing ice	passed at least the
	 Any single jumps. 	One spin in one	surface	U.S. Figure Skating
Ladies: 3:30 +/- 10	• Double jumps permitted:	position (Min. 6		novice free skate test
sec.	double Salchow, double	revolutions)	(See rule 4105 for	but may not have
Men:	toe loop, double loop and	• One flying spin (Min. 6	remarks)	passed tests higher
4:00 +/- 10 sec.	double flip	revolutions)		than junior free skate
	Maximum of 3 jump	One combination spin		test
	combinations or	consisting of all three		
	sequences	basic positions and one		
	• Max. 2 of any same type	change of foot (2 per		
	jump	position, min. 5)		
		revolutions per foot)		
	Maximum of 8 jump elements for	Maximum of 3 spins of a	Men:	Skaters must have
SENIOR	men and 7 for ladies:	different nature:	Two different step	passed at least the
	 Any single jumps. 	One spin in one	sequences, one	U.S. Figure Skating
Ladies: 4:00 +/- 10	Must include at least four	position (Min. 6	being of advanced	junior free skate test
sec.	different double jumps,	revolutions)	difficulty, both fully	
Men:	one must be a double	One flying spin (Min. 6	utilizing the ice	
4:30 +/- 10 sec.	Lutz.	revolutions)	surface. (See rule	
	Triple jumps are not	One combination spin	4105 for remarks)	
	permitted	consisting of all three		
	Maximum of 3 jump	basic spin positions and	Ladies:	
	combinations or	one change of foot (2	One step sequence	
	sequences	per position, min. 5	of advanced	
	Max. 2 of any same type	revolutions per foot)	difficulty, covering	
	jump		the full ice surface	
			and one spiral	
			sequence. (See rule	
			4104 & 4105 for	
			remarks.)	

SOLO DANCE

KILLIAN	Open	
QUICK STEP	One or more Gold Dances has to be passed	
BLUES	Must not have completed US Figure Skating Gold dance test	
ROCKER FOXTROT	Must not have completed US Figure Skating Pre-Gold or Skate Canada Sr. Silver dance test	
FOXTROT	Must not have completed US Figure Skating Silver or Skate Canada Jr. Silver dance test	
TEN FOX	Must not have completed US Figure Skating Pre-Silver of Skate Canada Sr. Bronze dance test	
FIESTA TANGO	Must not have completed US Figure Skating Bronze or Skate Canada Jr. Bronze dance test	
DUTCH WALTZ	Must not have completed US Figure Skating Pre-Bronze or Skate Canada Jr. Bronze dance test	

SHADOW DANCE

KILLIAN	One of the two must not have passed any USFS gold tests or Skate Canada Gold Tests
	· · · ·
ROCKER FOXTROT	One of the two must not have passed any USFS Pre-Gold dances or Skate Canada Senior Silver Tests
14 STEP	One of the two must not have passed any USFS Silver dances or Skate Canada Junior Silver Tests
TEN FOX	One of the two must not have passed any USFS Pre-Silver dances or Skate Canada Junior Silver tests
FIESTA TANGO	One of the two must not have passed any USFS Bronze dances or Skate Canada Senior Bronze tests
DUTCH WALTZ	One of the two must not have passed any USFS Pre-Bronze dances or Skate Canada Junior Bronze tests

FREE DANCE

CATEGORY REQUIREMENTS		TIME
NOVICE	As per the 2015-2016 USFS Rule Book	3 minutes
INTERMEDIATE	As per the 2015-2016 USFS Rule Book	2 minutes, 30 seconds
JUVENILE	As per the 2015-2016 USFS Rule Book	2 minutes, 15 seconds

COMPULSORY SPINS

All levels will present a program without music with spins specified for their appropriate level. Connecting moves are permitted between each spin. Spins may be done in any order. There will be deductions for *any jumps*. Programs can be no longer than stated times. Beginner through Juvenile and Adult will be done on half ice. Intermediate through Senior will be done on full ice. Skaters may skate at their test level or one level up.

No Test	45 seconds max.	Upright one foot Spin (3 rev); Upright two foot spin (3 rev); Sit Spin (3 rev)	
Pre-Preliminary	1 minute max.	Upright one foot spin (3 rev); Upright back scratch spin (3 rev); Sit Spin (3 rev)	
Preliminary	1 min. 15 sec. max.	Front scratch to back scratch spin (3 rev); Combination spin with no change of foot (4 rev); Sit spin (3 rev)	
Pre-Juvenile	1 min. 15 sec. max.	Camel spin (3 rev); Front to back scratch spin (3 rev per foot)	
		Combination spin - camel to sit spin, no change of foot (6 rev)	
Juvenile	1 min. 15 sec. max.	Sit spin (4 rev); Combination spin with one change of foot, optional change of position	
		(4 rev. each foot); Girls-layback spin (4 rev), Boys-camel Spin (4 rev)	
Intermediate	1 min. 30 sec. max.	Flying Camel (5 rev in position); Sit spin to backward sit spin (4 rev per foot);	
		Combination spin – change of foot & change of position (4 rev per foot)	
Novice	1 min. 30 sec. max.	Choice of camel, sit or layback spin (6 rev.)	
		Camel spin to backward camel spin (4 rev per foot in position)	
		Combination spin-change of foot and 2 changes of position (2 per position & 5 per foot	
Junior/Senior	1 min. 30 sec. max.	Flying spin of choice (6 rev.); solo spin of choice, may not fly (6 rev.); Combination spi	
		With change of foot & utilizing all three positions (2 per position & 5 per foot)	
Adult Pre-Bronze	1 min. 15 sec. max.	One foot upright spin (3 rev.); Two foot upright spin (3 rev.)	
Adult Bronze	1 min. 15 sec. max.	One foot upright spin (4 rev.); One foot back spin (3 rev.); Sit spin (3 rev.)	
Adult Silver	1 min. 30 sec. max.	Camel Spin (3 rev.); Layback, sideways leaning or sit spin (4 rev.); Combination spin	
		with at least one change of position, no change of foot (3 rev. in each position)	
Adult Gold	1 min. 30 sec. max.	Solo spin, no change of foot (4 rev.); Second solo spin, different from the first; change	
		Of foot optional (4 rev.); Combination spin with only one change of foot and at least	
		One change of position (4 rev. each foot)	

COMPULSORY MOVES

Test requirements are the same as for Free Skating. Skaters will present a program, including the required elements, in any order, without music within the time allowed. Beginner through Juvenile and Adult compulsory moves will be skated on one-half ice surface. Intermediate through Novice & Up will be skated on the full ice surface.

Beginner	1 min. 30 sec.	Forward crossovers, either direction; Any stop; Backward stroking; Forward	
(Not passed USFS Basic 8)		pumping, either direction; One foot glide, each foot	
High Beginner (Not passed USFS Freeskate 4 and/or Pre-Preliminary Freeskate)	1 min. 30 sec.	Backward crossovers, both directions; Two bunny hops; Forward spiral; Lunge Two foot spin (3 rev.)	
No Test (Not passed Pre- Preliminary Freeskate)	1 min. 30 sec.	Waltz jump; Salchow; One foot spin, optional free leg position; ½ Lutz; Forward Outside spiral	
Pre-Preliminary	1 min. 30 sec.	Waltz/Toe loop combination; Loop Jump; Forward outside spiral; Salchow; Scratch Spin (3 rev. min.)	
Preliminary	1 min. 30 sec.	Flip jump; Sit spin (3 rev. min.); Loop/loop combination; Forward inside spiral; Front to back scratch spin (3 rev. min. each foot)	
Pre-Juvenile	1 min. 30 sec.	Camel spin (3 rev. in position); Lutz jump; Flip/loop combination; Forward to backward spiral; Sit change sit spin (3 rev. each foot in position)	
Juvenile	2 minutes	Axel; Lutz/loop combination; Layback spin (girls)/Camel spin (boys) (4 rev. mi Camel-sit combination spin (4 rev. min. each foot); Spiral sequence	
Intermediate	2 minutes	Double Salchow OR Double Toe Loop; Axel/loop combination; Spin combinatio with 1 change of foot and at least 1 change of position, no fly (5 rev. min. each Foot); Step sequence; Flying Spin, no change of foot, no change of position (5 rev. min.)	
Novice	2 min. 30 sec.	Double loop; Axel/half loop/double Salchow sequence; Spiral sequence; Spin combination with 1 change of foot and at least 1 change of position, fly entry allowed; Spin with only 1 position, no fly and no change of foot	
Junior/Senior	2 min. 30 sec.	Double Flip OR Double Lutz; Double-double combination jump; 1 step sequence OR spiral sequence; Combination spin consisting of 1 change of foot and 2 changes of position (6 rev. min. each foot); Flying spin of any nature (6 rev. min.)	
Adult Pre-Bronze	1 min. 15 sec. max	Backward crossovers (Min. 5 consecutive); Waltz jump; Forward upright spin (Min. 3 rev.); Forward outside spiral	
Adult Bronze	1 min. 15 sec. max	Single Salchow; Waltz jump-toe loop combination jump; Sit spin (min. 3 rev.); Spiral sequence (min. 2 spirals)	
Adult Silver	1 min. 30 sec. max	Single loop; Single/single jump combination; Sit spin (min. 3 rev.); Straight line step sequence	
Adult Gold	1 min. 30 sec. max	Single Lutz or Axel; Single/single or single/double jump combination; Camel spin (min. 4 rev.); Straight line step sequence.	

JUMP EVENT

Skaters will present a program without music with the jumps specified for their level. Program times are maximums. Test requirements are the same as free skate levels. All programs are completed on ½ ice surface except Juvenile-Senior events which will be skated on full ice. Minimal connecting steps are allowed but will not affect scoring. Skaters will be allowed 2 attempts at each jump.

No Test	1 min. max	Waltz jump; Toe loop; Salchow	
Pre-Preliminary	1 min. max.	Toe Loop; Salchow; Combination of any two single jumps (NO axels)	
Preliminary	1 min. 15 sec. max.	Lutz; Flip; Combination of any single jump with a loop jump (may include axel)	
Pre-Juvenile	1 min. 15 sec. max.	Lutz; Any single or double jump; Single/single combination (axel permitted)	
Juvenile	1 min. 30 sec. max.	Axel; Double Salchow; Double/single combination (no double axel)	
Intermediate	1 min. 30 sec. max.	Axel; Double loop; Combination of any two double jumps (no double axel)	
Novice	1 min. 30 sec. max	Double Loop; Double Flip; Combination of any two double jumps (double axel permitted)	
Junior/Senior	1 min. 30 sec. max	Double Lutz; Double Flip; Combination of any 2 double jumps OR Triple/double	
Adult Pre-Bronze	1 min. max.	Waltz or toe loop; ½ flip, ½ lutz or ½ loop	
Adult Bronze	1 min. max.	Single Salchow; Single toe loop; Any single jump/single toe loop combination (no axels)	
Adult Silver	1 min. 15 sec. max.	Single Flip; Single Loop; Single/single combination (Axel is permitted)	
Adult Gold	1 min. 30 sec. max.	Single Axel; Single Lutz; Single/single or single/double jump combination (may include any	
		Single jump, double toe loop or double Salchow)	

FOOTWORK

Skaters perform footwork sequences of their own design to music of their choice. The program should contain a variety of turns and sequences that emphasize the skater's controlled edges and turns in addition to speed and quickness of the routine. The program may contain one-half rotation jumps and spins with fewer than three revolutions. The routine will be judged on both technical merit and presentation.

CATEGORY	QUALIFICATIONS	TIME
Preliminary	Passed no higher than Preliminary Freeskate	1:10 max
Pre-Juvenile/Juvenile	Passed no higher than Juvenile Freeskate	1:10 max
Intermediate/Novice	Passed no higher than Novice Freeskate	1:10 max
Junior/Senior	Passed Junior Freeskate	1:10 max
Adult (18 & up)	Passed Adult Pre-Bronze Freeskate	1:10 max

SHOWCASE

Skaters may enter only one event at their free skating level or one level up. One mark will be given. Judges may or may not be US Figure Skating or Skate Canada judges. Showcase numbers are considered as entertainment and will be judged in the following areas: music interpretation, audience appeal, skating performance, choreography and costume. No feathers or dangling beads that may come off the costume are allowed. Thirty seconds are allotted for the placing of props other than hand held. Skater's choice of music. Vocals may be used. **This event is a qualifier for National Showcase**.

No Test	1 min. 40 sec. max.	Must not have passed any USFS/Skate Canada tests.
Pre-Preliminary	1 min. 40 sec. max.	Must not have passed higher than Pre-Preliminary Free Skate test.
Preliminary	1 min. 40 sec. max.	Must not have passed higher than Preliminary Free Skate test
Pre-Juvenile	1 min. 40 sec. max.	Must not have passed higher than Pre-Juvenile Free Skate test
Juvenile	2 min. 10 sec. max.	Must not have passed higher than Juvenile Free Skate test
Intermediate	2 min. 10 sec. max.	Must not have passed higher than Intermediate Free Skate test.
Novice	2 min. 10 sec. max.	Must not have passed higher than Novice Free Skate test.
Junior/Senior	2 min. 40 sec. max	Must have passed Junior or Senior Free Skate test.
Adult	2 min. 40 sec. max.	Passed Adult Pre-Bronze Free Skate test; Ages 20 and up.

GROUP SHOWCASE

A group showcase will consist of between 2-4 skaters. A creative routine is skated, which may include props, to illustrate a theme, tell a story or interpret the music. Skaters may enter only one event at the highest test level of the skaters in the group. One mark will be given. Judges may or may not be US Figure Skating or Skate Canada judges. Group showcase numbers are considered as entertainment and will be judged in the following areas: music interpretation, audience appeal, skating performance, choreography and costume. No feathers or dangling beads that may come off the costume are allowed. Thirty seconds are allotted for the placing of props other than hand held. Skater's choice of music. Vocals may be used. This event is a qualifier for National Showcase.

No Test	1 min. 40 sec. max.	Must not have passed any USFS/Skate Canada tests.
Pre-Preliminary	1 min. 40 sec. max.	Must not have passed higher than Pre-Preliminary Free Skate test.
Preliminary	1 min. 40 sec. max.	Must not have passed higher than Preliminary Free Skate test
Pre-Juvenile	1 min. 40 sec. max.	Must not have passed higher than Pre-Juvenile Free Skate test
Juvenile	2 min. 10 sec. max.	Must not have passed higher than Juvenile Free Skate test (Ages 13 & under)
Teen	2 min. 10 sec. max.	Must not have passed higher than Juvenile Free Skate test (Ages 14 – 17)
Intermediate	2 min. 10 sec. max.	Must not have passed higher than Intermediate Free Skate test.
Novice	2 min. 10 sec. max.	Must not have passed higher than Novice Free Skate test.
Junior/Senior	2 min. 40 sec. max	Must have passed Junior or Senior Free Skate test.
Adult	2 min. 40 sec. max.	Passed Adult Pre-Bronze Free Skate test; Ages 20 and up.

EVENT: Showcase Events – Production Ensemble Events

Formats:

- Mini production ensemble events are theatrical performances by three to seven competitors. Props and scenery are permitted. Programs are performed under full arena lighting
- Production ensemble events are theatrical performances by eight or more competitors. Theatre On Ice teams are eligible as production ensembles. Props and scenery are allowed. Programs are performed under full arena lighting
 NOTE: Skaters may enter only one duet, mini production or production event each.

General event parameters:

- 1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 2. The determination of level will be based upon test requirement at the entry deadline.

Current guidelines and procedures for non-qualifying showcase competitions can be found at <u>www.usfigureskating.org</u>, under "Programs" on the National Showcase page.

This event is a qualifier for National Showcase.

Production Ensemble Events

Event	Program Duration	Must have passed free skating or dance test (solo or partnered standard track)	Must not have passed free skate or dance (solo or partnered) test	Age
Mini Production	3:10 maximum	Open	Open	No age restriction
Production Ensemble	6:15 max	Open	Open	No age restriction

MUSIC INTERPRETATION

Skaters may enter only one event level, either at their freeskating level or one level up. Music is supplied by the competition committee. Music will be played for the competitors during warm-up. Skaters will be judged on originality, musical and artistic expression and ice coverage. No costumes or props allowed. Technical elements will be judged only on their appropriateness to the music. Judges may or may not be US Figure Skating judges or Skate Canada judges. Coaching is not allowed after the event has started.

No Test	1 min. max.	Must not have passed Pre-Preliminary Free Skate Test
Pre-Preliminary	1 min. max.	Must not have passed Preliminary Free Skate Test
Preliminary	1 min. max.	Must not have passed Pre-Juvenile Free Skate Test
Pre-Juvenile	1 min. max.	Must not have passed Juvenile Free Skate Test
Juvenile	1 min. max.	Must not have passed Intermediate Free Skate Test
Open	1 min. max.	Open to any skater under age 20
Adult	1 min. max.	Open to any skater age 21 and above

TEAM COMPULSORY MOVES

Teams may have 3 to 5 members. Teams may include one male. No skater can do more than 2 moves. Skaters up to and including Juvenile/Jr. Bronze should be prepared to use one-half the ice surface, if necessary. A separate application and check must be sent for each team. The form must be completely filled out or it will not be accepted. Technical merit only will be judged. Skaters can skate at their test level or one level up.

Beginner	1. Forward crossovers 2. Backward crossovers 3. Bending over and touching ankles		
(Not passed USFS Basic 8)	4. Gliding on one foot 5. Any stop		
High Beginner	1. Forward crossovers 2. Backward crossovers 3. Mohawk 4. Three turns		
(Not passed USFS Freeskate 4	5. Two bunny hops		
And/or Pre-Preliminary			
Freeskate			
Pre-Preliminary	1. Waltz jump 2. One foot spin 3. Salchow jump 4. Toe loop 5. Spiral		
Preliminary	1. Flip jump 2. Salchow jump 3. Forward spiral 4. One foot spin 5. Waltz jump/		
	toe loop combination		
Pre-Juvenile	1. Flip jump 2. Camel spin 3. Forward spiral 4. Loop/loop combination 5. Sit spin		
Juvenile 1. Lutz 2. Camel spin 3. Spiral-forward and backward 4. Combination spin			
	5. Axel/loop combination		
Intermediate	1. Axel 2. Change foot spin 3. Double Salchow 4. Straight line footwork		
	5. Double/Double jump combination.		
Novice	1. Axel 2. Double loop 3. Double/Double combination 4. Combination spin		
	5. Circular or straight line footwork		
Junior/Senior	1. Double/Double combination 2. Ina Bauer or Spread Eagle 3. Double lutz OR		
	double axel 4. Flying camel 5. Combination spin		
Adult	1. Waltz jump 2. One foot spin 3. Salchow jump 4. Toe loop 5. Spiral		



Compete USA Competitions

EVENT: Basic Elements: SNOWPLOW SAM – BASIC 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the <u>order listed below</u> (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- All elements must be skated in the order listed.

Level	Time	Skating rules/standards		
		March followed by a two-foot glide and dip		
Snowplow	1:00 max.	• Forward two-foot swizzles, 2-3 in a row		
Sam		Forward snowplow stop		
		Backward wiggles, 2-6 in a row		
		Forward two-foot glide and dip		
Basic 1	1:00 max.	Forward two-foot swizzles, 6-8 in a row		
		Beginning snowplow stop on two-feet or one-foot		
		Backward wiggles, 6-8 in a row		
		Forward one-foot glide, either foot		
Basic 2	1:00 max.	• Scooter pushes, right and left foot, 2-3 each foot		
		Moving snowplow stop		
		Two-foot turn in place, forward to backward		
		Backward two-foot swizzles, 6-8 in a row		
		Beginning forward stroking showing correct use of blade		
Basic 3	1:00 max.	• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6		
		consecutive		
		Forward slalom		
		Beginning backward one-foot glide, either foot		
		Moving forward to backward two-foot turn on a circle		
		Backward one-foot glides, right and left		
Basic 4	1:00 max.	Forward outside edge on a circle, clockwise or counter clockwise		
		Forward crossovers, 4-6 consecutive, both directions		
		Beginning two-foot spin, 2-4 revolutions		
		Backward ½ swizzle pumps on a circle, one direction only		
		Backward outside edge on a circle, clockwise or counterclockwise		
		Backward crossovers, 4-6 consecutive, both directions		
Basic 5	1:00 max.	Advanced two-foot spin, 4-6 revolutions		
		Forward outside three-turn, right and left		
		Hockey stop		
		Forward inside three-turn, right and left		
Basic 6	1:00 max.	Bunny Hop		
		Forward spiral on a straight line, right or left		
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry		
		T-stop, right or left		

Compete USA Competitions



EVENT: Basic Program: SNOWPLOW SAM – BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards		
		March followed by a two-foot glide and dip		
Snowplow	1:10 max.	• Forward two-foot swizzles, 2-3 in a row		
Sam		Forward snowplow stop		
		Backward wiggles, 2-6 in a row		
		Forward two-foot glide and dip		
Basic 1	1:10 max.	• Forward two-foot swizzles, 6-8 in a row		
		 Beginning snowplow stop on two-feet or one-foot 		
		Backward wiggles, 6-8 in a row		
		Forward one-foot glide, either foot		
Basic 2	1:10 max.	 Scooter pushes, right and left foot, 2-3 each foot 		
		Moving snowplow stop		
		Two-foot turn in place, forward to backward		
		Backward two-foot swizzles, 6-8 in a row		
		Beginning forward stroking showing correct use of blade		
Basic 3	1:10 max.	• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6		
		consecutive		
		Forward slalom		
		Beginning backward one-foot glide, either foot		
		 Moving forward to backward two-foot turn on a circle 		
		Backward one-foot glides, right and left		
Basic 4	1:10 max.	 Forward outside edge on a circle, clockwise or counter clockwise 		
		Forward crossovers, 4-6 consecutive, both directions		
		Beginning two-foot spin, 2-4 revolutions		
		 Backward ½ swizzle pumps on a circle, one direction only 		
		Backward outside edge on a circle, clockwise or counterclockwise		
	1:10 max.	Backward crossovers, 4-6 consecutive, both directions		
Basic 5		Advanced two-foot spin, 4-6 revolutions		
Forward outside three-turn, right and left		Forward outside three-turn, right and left		
		Hockey stop		
		Forward inside three-turn, right and left		
Basic 6	1:10 max.	Bunny Hop		
		Forward spiral on a straight line, right or left		
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry		
		• T-stop, right or left		

29th ANNUAL SPRING SKATE FESTIVAL **ENTRY FORM** ENTRIES MUST BE POSTMARKED BY APRIL 15, 2018

Please Print or Type: Skater's Name:			Sex	«
Address:			Sta	ate:
Zip: Tele	phone ()	E-Mail Address:		
MUST BE COMPLET	<u>ED:</u> Age:	Birthday:	//	/
Highest test passed: USFS/Skate Canada Free Skate:			Dance:	
Partners Name:		Pairs	s Test Passed:	
Home Club:		USFS	S/Skate Canada#	
	PLEASE EN	TER ME IN THE FOLLO	WING EVENT(S)	
Well Balanced Free Skating	Test Track	Free Dance	Comp. Moves (cont'd)	<u>Showcase</u>
Beginner	Pre-Preliminary Test	Novice	Intermediate	No Test
High Beginner	Preliminary Test	Intermediate	Novice	Pre-Preliminary
No-Test	Pre-Juvenile Test	Juvenile	Junior Senior	Preliminary
Pre-Preliminary A	Juvenile Test	Compulsory Spins	Adult Pre-Bronze	Pre-Juvenile
Pre-Preliminary B	Intermediate Test	No Test	Adult Silver	Juvenile
Preliminary A	Novice Test	NO TEST Pre-Preliminary	Adult Gold	Intermediate
Preliminary B	Junior Test	,	luma Frank	Novice
Pre-Juvenile	Senior Test	Preliminary Pre-Juvenile	<u>Jump Event</u> No Test	Junior/Senior
Open Juvenile	Colo Donno			Adult
Adult Pre-Bronze	Solo Dance	Juvenile	Pre-Preliminary	Crease Charman
Adult Bronze	Killian Quiale Stear	Intermediate	Preliminary	Group Showcase
Free Chestine (UC)	Quick Step	Novice	Pre-Juvenile	No Test
Free Skating (IJS) Juvenile	Blues Beeker Feytret	Junior/Senior	Juvenile	Pre-Preliminary
	Rocker Foxtrot	Adult Pre-Bronze	Intermediate	Preliminary Dro huvenilo
Intermediate	Foxtrot	Adult Bronze	Novice	Pre-Juvenile
Novice	Ten Fox	Adult Silver	Junior/Senior	Juvenile -
Junior	Fiesta Tango	Adult Gold	Adult Pre-Bronze	Teen
Senior	Dutch Waltz		Adult Bronze	Intermediate
Adult Silver	Shadayy Danaa	Compulsory Moves	Adult Silver	Novice
Adult Gold	<u>Shadow Dance</u> Killian	Beginner	Adult Gold	Junior/Senior
Short Drogrom (US)	Rocker Foxtrot	High Beginner No-Test	Faatwark	Adult
Short Program (IJS) Intermediate	14 Step	Pre-Preliminary	<u>Footwork</u> Preliminary	Music Interpretation
Novice	Ten Fox	•		Music Interpretation No Test
		Preliminary Bro Iuwopilo	Pre-Juv/Juvenile	Pre-Preliminary
Junior	Fiesta Tango	Pre-Juvenile	Inter/Novice	· · · · · · · /
Senior	Dutch Waltz	Juvenile	Junior/Senior	Preliminary Pre-Juvenile
			Adult (25&up)	
				Juvenile
				Open Adult
CERTIFICATE	OF ELIGIBILITY		FEES: IN U.S. FUNDS ONLY	
Approval is hereby given to				
in good standing of this Club and Figure Skating and Skate Canada			\$65 for 1 6.0 event \$\$20 each additional 6.0	
the specified event(s). NOTE: No				
the management of Holiday Twin				
competitor during this competition	on or practice attended there	to.	\$45 per pair event \$	
Club:			\$1.00 for schedule \$	
Club:			TOTAL ENCLOSED \$	
Club Officer's Signature Parent's Signature		CHECKS PAYABLE TO: SCWNY		
			MAIL ENTRY TO:	
Coach's Name	Phone	#	Kathy Gregoire	
			Spring Skate Festival 3598 Heatherwood Driv	0
			Hamburg, NY 14075	C
Date: Amount:	Check #			

29th ANNUAL SPRING SKATE FESTIVAL BASIC SKILLS ENTRY FORM

ENTRIES MUST BE POSTMARKED BY APRIL 15, 2018

Please Print or Type: Skater's Name:			Sex:	
Address:				
City: State:			Zip:	
Telephone ()	E-Mail A	Address:		_
MUST BE COMPL	ETED: Age:	Birthdo	ay:///	
Highest test passed: Basic Skills Level:				
USFS or Skate Canada Basi	c Skills #	Home Club:		
	PLEASE ENT	TER ME IN THE FOLLO	WING EVENT(S)	
Basic Skills Basic Elements: Snowplow Sam Basic 1 Basic 2 Basic 3 Basic 4 Basic 5 Basic 6	Basic Skills Basic Program: Snowplow Sam Basic 1 Basic 2 Basic 3 Basic 4 Basic 5 Basic 6			
CERTIFICATE OF ELIGIBILITY Approval is hereby given towho is a member in good standing of this Club and is an amateur in accordance with the rules of US Figure Skating and Skate Canada and to the best of my knowledge is eligible to enter the specified event(s). NOTE: Neither the SKATING CLUB OF WESTERN NEW YORK nor the management of Holiday Twin Rinks assumes responsibility for injuries sustained by any competitor during this competition or practice attended thereto.		FEES: IN U.S. FUNDS ONLY \$30 for 1 st Basic Skills Event Total \$		
Club:			TOTAL ENCLOSED \$	
Club Officer's Signature		CHECKS PAYABLE TO: SCWNY		
Parent's Signature Coach's NamePhone #		MAIL ENTRY TO: Kathy Gregoire Spring Skate Festival 3598 Heatherwood Drive		
Date:Amount:	Check #		Hamburg, NY 14075	

29th ANNUAL SPRING SKATE FESITVAL TEAM COMPULSORY MOVES ENTRY FORM

One entry form per team! (This form may be duplicated). Form must be completely filled out with fees enclosed.

Teams may have 3 – 5 members. No skater may do more than 2 moves.

Fees are \$40 per team in <u>US FUNDS ONLY</u>. (Please write separate check for team events -1 check per team).

Team Name:		
Team Members:		
1	Club:	USFS/SC#
2	Club:	USFS/SC#
3	Club:	USFS/SC#
4	Club:	USFS/SC#
5	Club:	USFS/SC#
Contact Person:	Telephone:	
 Beginner Team High Beginner Team Pre-Preliminary Team Preliminary Team Pre-Juvenile Team (Jr. Bronze) 	Juvenile Team (Jr. Bro Intermediate Team (S Novice Team (Jr. Silve Junior/Senior Team (Sr. Bronze) er)
Deadline for entry is April 15, 2018		
Checks should be made payable to :	Skating Club of Western New York	< compared with the second sec
Mail entry to: Kathy Gregoire		

Mail entry to: Kathy Gregoire Spring Skate Festival 3598 Heatherwood Drive Hamburg, NY 14075

All teams must submit completed <u>Certificate of Eligibility</u> signed by club officer for each skater.

Date:	Amount:	Check#

29th ANNUAL SPRING SKATE FESTIVAL

PLANNED PROGRAM CONTENT SHEET

Juvenile through seniors doing a Short Program or Freestyle Program must submit a Planned Program Content Sheet for each program.

Name of Competitor: Event: USFS/SC:

Club:

ELEMENTS IN ORDER OF SKATING

TIME*	SHORT PROGRAM ELEMENTS	TIME*	LONG PROGRAM ELEMENTS
	-		
	-		

* Time During Program

Mail Planned Program Content along with entry form by: April 15, 2018

Planned Program Content sheets may also be updated on the US Figure Skating website, if doing so, please make note of this on your entry form

29th ANNUAL SPRING SKATE FESTIVAL

PRACTICE ICE FORM

SATURDAY, MAY 19, 2018

Practice ice will be available on Saturday, May 19th beginning at 7:00 a.m.

There will be 2-25 minute practice ice sessions available at a cost of \$15.00 per session.

Practice ice will be broken down into 2 sessions:

- High Juvenile Freeskating through Senior Freeskating Rink #1
- Low No Test through Pre-Juvenile Freeskating Rink #2

There will be a limit of 25 skaters on the low practice ice session and 20 skaters on the high practice ice session.

Practice ice will be sold on the day of the competition depending on availability. Please check with the registration desk.

NAME OF SKATER:_____

CLUB:_____

AMOUNT ENCLOSED:_____

PLEASE SELECT SESSION:

_____ High – Juvenile Freeskating through Senior Freeskating
_____ Low – No Test through Pre-Juvenile Freeskating

Make checks payable to : Skating Club of Western New York

Mail to: Kathy Gregoire Spring Skate Festival 3598 Heatherwood Drive Hamburg, NY 14075

29th ANNUAL SPRING SKATE FESTIVAL

SKATING CLUB ADVERTISING CONTRACT

Show your support for your athletes while they're competing by advertising in the competition program.

DEADLINE FOR PROGRAM ADVERTISEMENT IS: APRIL 15, 2018

Full Page(7.	5" wide x 10" deep)		\$75.00
Half Page (7.	5" wide x 5" deep)	\$	40.00
Quarter Page	e (3.5/8" wide x	5" deep)	\$20.00
Skater Recog *30 spaces per line with each addit			\$ 5.00
Ex: Good Luck Amy! Love Mom Mary, you're our shining st		d (2 lines)	
Skater Recognition Line(s)			
Advertiser's Name:			
Contact:			
Address:			
City:	State:	Zip	o:
Telephone (day):	Even	ing:	
	a payable to Skating tact: Kathy Gregoire Deadline: Apri	e @ kathygregoir	
Please send this form, with check a Kathy Gregoire 3598 Heatherwood Drive Hamburg, New York 14075		twork to:	