# THE SKATING CLUB OF WESTERN NEW YORK 

Presents the

## $29^{\text {th }}$ ANNUAL <br> SPRING SKATE FESTIVAL \& BASIC SKILLS COMPETITION



SATURDAY, MAY 19, 2018
SUNDAY, MAY 20, 2018

To Be Held at HOLIDAY TWIN RINKS
Cheektowaga, New York

Sanctioned by:
United States Figure Skating
Skate Canada

Entry Deadline: April 15, 2018

Events Include:
Freeskating, Short Program, Test Track Freeskating, Adult Events, Compulsory Moves, Compulsory Spins, Jumps, Solo Dance, Shadow Dance, Footwork, Showcase, Interpretive, Teams, Basic Skills

FOR INFORMATION E-MAIL:
kathygregoire@yahoo.com

Applications available on line at: www.skatingclubofwesternnewyork.org

The Spring Skate Festival Competition is open to all eligible skaters who are members in good standing with US Figure Skating or Skate Canada.

US Figure Skating rules for non-qualifying competitions, as set forth in the 2015-2016 US Figure Skating Rulebook, shall apply. The International Juding System (IJS)will be used for all short programs and Juvenile through Senior Freeskating (except Open Juvenile). All other events will be judged using the 6.0 judging system.

## SKATING CLUB OF WESTERN NEW YORK <br> $29^{\text {th }}$ ANNUAL SPRING SKATE FESTIVAL <br> MAY 19 \& 20, 2018

## ELIBILITY

The $29^{\text {th }}$ Annual Spring Skate Festival is open to all skaters who are current eligible (ER 1.00) members of U.S. Figure Skating or Skate Canada or the Basic Skills Program.

The $29^{\text {th }}$ Annual Spring Skate Festival will be conducted according to the rules set forth in the 2017-2018 U.S. Figure Skating Rulebook. Free Skate and short programs for levels Juvenile (excluding Open Juvenile) through Senior will be judged using the IJS system. All other events will be judged under the 6.0 system. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Categories determined by age and/or test passed as of April 15, 2018. Competitors may enter as many events as they desire, provided they meet the entry requirements. Skaters may not compete below their test level. Large events will be separated into flights with separate awards for each flight.

Boys will compete in their own events if sufficient entries are received.
Age restrictions/requirements: Skaters entering juvenile free skate events (well balanced program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (well balanced program), must be at least 14 years of age at the close of entries.

Skaters entering beginner through pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one age group.

## FACILITIES

The competition will be held at Holiday Twin Rinks, 3465 Broadway, Cheektowaga, New York (a suburb of Buffalo). Events will be conducted on a $85^{\prime} \times 200^{\prime}$ rink. Snack bar and dressing rooms are available. Directions to the rink are available at: www.holidayrinks.com.

## ENTRIES

Entries must be filled out completely and legibly to be accepted and postmarked no later than April 15, 2018. The competition chairperson reserves the right to limit the size of each event, to cancel any event with less than two entrants (with refund of entry fee) and to combine or divide groups as necessary. For all events where permitted by USFS, male and female skaters may compete against each other if there are insufficient entries to hold a separate event. Skaters may skate up on level in any event but may not skate below their test level.

Entries should be mailed to: Kathy Gregoire
Spring Skate Festival
3598 Heatherwood Drive
Hamburg, New York 14075

## ENTRY FEES

Entry fees must accompany application. Checks and money orders in U.S. FUNDS ONLY and made payable to Skating Club of Western New York. Late applications are subject to a $\$ 25.00$ late fee and will only be accepted upon available time and space. No refunds will be issued after the close of entries (including medical) unless an event has been cancelled (Per Rule CR33.05). Returned checks are subject to a $\$ 25.00$ fee. Entry fees are as follows:

\$75.00 for each IJS events (Short \& Long Programs)<br>$\$ 65.00$ for first event (Non IJS Events)<br>$\$ 20.00$ for additional event (Non IJS Events)<br>\$45.00 per pair/couple<br>$\$ 40.00$ per team<br>\$30 for $1^{\text {st }}$ Basic Skills Event; $\$ 20$ for $2^{\text {nd }}$ Basic Skills Event

## JUDGING SYSTEM

The International Judging System (IJS) will be used for the following events:

- Well Balanced Program free skate events - Juvenile through Senior and Adult Silver \& Gold
- Short Program Events - Intermediate through Senior
- Free Dance Events - Juvenile through Novice

All competitors skating in these events need to submit the Planned Program Content Form. These must be returned with the entry form no later than: April 15, 2016. Skaters registered with U.S. Figure Skating may also update their Planned Program Content Form on-line in the Member's Only section at www.usfigureskating.org.

The 6.0 Majority Judging System will be used for the following events:

- Well Balance Program free skate events - Beginner through Pre-Juvenile, Open Juvenile, Adult Pre-Bronze \& Adult Bronze
- All Test Track Events
- All Compulsory Moves, Jumps, Spins, Footwork Showcase \& Music Interpretation Events
- All Solo Dance and Shadow Dance Events


## REGISTRATION

A registration desk will be located at the main entrance to Holiday Twin Rinks and will be open throughout the competition. Competitors should register promptly upon their arrival and submit their music during registration. Skaters should arrive at the rink at least 1 HOUR PRIOR to their event's start time. Events will not be delayed for late arriving skaters.

## AWARDS

Awards will be given for $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ places. Ribbons will be awarded for $4^{\text {th }}$ and $5^{\text {th }}$ places. Awards will be available immediately after the event has been posted and can be picked up at the awards table.

## MUSIC

Each competitor must supply their own music on CD's (no CD-RW's, MP3's, or music upload systems) for the freestyle, short program, footwork and showcase events. CD's should be clearly labeled with skater's name, club and event. Only one selection should be on the CD Music is to be turned in at the registration desk and will be available at the registration desk for pick up after the event. Skaters should have appropriate backup CD's with them. Every reasonable care will be taken, but the Skating Club of Western New York cannot be responsible for CD's left at the end of the competition. The music for the Dance and Music Interpretation events will be supplied by the competition committee and only that music will be played.

LIABILITY: U.S. Figure Skating, Skating Club of Western New York and Holiday Twin Rinks accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the Official U.S. Figure Skating Rulebook.

## RESULTS

Results will be available at the registration event after each event for $\$ 0.25$ per copy for 6.0 events. For IJS events results are available for $\$ 1.00$ per page for IJS Protocol and Standing sheets.

## SCHEDULE

As soon as possible after the entry deadline, a TENTATIVE SCHEDULE will be posted on the Skating Club of Western New York web site: www.skatingclubofwesternnewyork.org. No schedule times will be given out over the phone.

## VIDEO/CAMERA

Action Photos will be available through ProPhoto FX and video will be available through RES Video. Personal videotaping may only be done from the stands with hand held cameras. No lights, tripods or taping permitted at rink side. For the safety of the skater - NO FLASH PHOTOGRAHY WILL BE PERMITTED.

## INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Registration

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1 :
A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of $\$ 30$ and, if 18 years of age or older, successfully pass the background screen.
C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1 . See rule MR 5.12.
D. Must submit proof of current general liability insurance with limits of $\$ 1$ million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential - no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching\ Compliance\ Toolkit.pdf

## ACCOMMODATIONS

Listed below are various hotels close to the ice rink:
HAMPTON Inn - 1745 Walden Avenue (Exit 52), Phone 716-894-8000
RED ROOF INN - Transit Road (Exit 49), Phone 716-633-1100
COMFORT SUITES - 901 Dick Road, Phone 716-633-6000
MILLENNIUM HOTEL - 2040 Walden Ave. (Exit 52), Phone 716-681-2400
DAYS INN - 4345 Genesee Street, Phone 716-631-0800
HOMEWOOD SUITES - 760 Dick Road, Phone 716-685-0700
HOLIDAY INN EXPRESS - 131 Buelle Avenue, Phone 716-631-8700
GARDEN PLACE HOTEL - 6615 Transit Road, Phone 716-683-7990
HOLIDAY INN BUFFALO AIRPORT - 4600 Genesee Street, Phone 716-634-6969
Get more information on hotels and area attractions from the Buffalo Niagara Convention and Visitors Bureau at www.buffalocvb.org.

## PRACTICE

Practice ice will be available on Saturday, May $19^{\text {th }}$ at 7:00 a.m. There will be $2-20$ minute practice ice sessions available at a cost of $\$ 15.00$ per session. One session will be for No-Test through Pre-Juvenile and one session will be for Juvenile through Adult. No music will be played during practice ice.

## ADMISSION

Admission to all events is free.

## INQUIRIES

For further information, the preferred method of contact is by e-mail: kathygregoire@yahoo.com. If email is not accessible, please call Kathy Gregoire at 716-432-0692 between 6:00 \& 8:00 p.m. only.

Information will be also be posted on the Skating Club of Western New York's web site: www.skatingclubofwesternnewyork.org

# SKATING CLUB OF WESTERN NEW YORK $28^{\text {gh }}$ ANNUAL SPRING SKATE FESTIVAL <br> EVENTS AND ELIGIBILITY <br> TEST AND AGE STATUS AS OF APRIL 15, 2018 

## WELL BALANCED FREESKATING

Skaters may not compete below their test level. They must skate at their test level OR up one level, but not both.

| CATEGORY | QUALIFICATIONS | SKATE CANADA | TIME |
| :---: | :---: | :---: | :---: |
| Beginner | Not passed any USFS tests. Jumps with no more than $1 / 2$ rotation | CANSkate | 1:40 min. max. |
| High Beginner | Not passed any USFS tests. Only waltz, salchow, toe loop \& $1 / 2$ revolution jumps | CANSkate | 1:40 min. max. |
| No-Test | Not passed any USFS tests. No axel or double jumps | CANSkate | 1:40 min. max. |
| Pre-Preliminary A | Not passed Preliminary Freeskating test. No axel or double jumps permitted | CANSkate | 1:40 min. max. |
| Pre-Preliminary B | Not passed Preliminary Freeskating test. Axel permitted. No double jumps | Not passed Preliminary | 1:40 min. max. |
| Preliminary A | Not passed Pre-Juvenile Freeskating test. Axel permitted. No double jumps | Preliminary | 1:30 +/-10 sec. |
| Preliminary B | Not passed Pre-Juvenile Freeskating test. Axel plus up to 2 different double jumps permitted. | Preliminary | 1:30 +/-10 sec. |
| Pre-Juvenile | Not passed Juvenile Freeskating test. | Preliminary | 2:00 +/-10 sec. |
| Juvenile (14 \& younger) | Not passed Intermediate Freeskating test. | Junior Bronze | 2:20 +/-10 sec. |
| Open Juvenile (14 \& up) | Not passed Intermediate Freeskating test. | Junior Bronze | 2:20 +/-10 sec. |
| Intermediate | Not passed Novice Freeskating test | Senior Bronze | 2:40 +/-10 sec. |
| Novice | Not passed Junior Freeskating test. | Junior Silver | Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec . |
| Junior | Not passed Senior Freeskating test. | Senior Silver | Ladies: 3:30 +/- 10 sec . Men: 4:00 +/- 10 sec . |
| Senior | Passed Senior Freeskating test. | Gold | Ladies: 4:00 +/- 10 sec . <br> Men: 4:30 +/- 10 sec . |
| Adult Pre-Bronze (21 \& up) | Passed Adult Pre-Bronze Freeskating Test. No lutz, axel or double jumps. | Canadian Equiv. | 1:40 min. max. |
| Adult Bronze (21 \& up) | Passed Adult Bronze Freeskating test. No axels or double jumps. | Canadian Equiv. | 1:50 min. max. |
| Adult Silver (21 \& up) | Passed Adult Silver Freeskating test. Axels permitted, no double jumps | Canadian Equiv. | 2:10 min. max. |
| Adult Gold (21 \& up) | Passed Adult Gold Freeskating test. | Canadian Equiv. | 2:40 min. max. |

## SHORT PROGRAM

Skaters may not compete below their test level. They must skate at their test level OR up one level, but not both.

| CATEGORY | QUALIFICATIONS | DURATION |
| :--- | :--- | :---: |
| Intermediate | Governed by Rules of 2017-2018 U.S. Figure Skating Rule Book, Rule No. 4230 | $2: 10 \mathrm{~min} . \mathrm{max}$. |
| Novice | Governed by Rules of 2017-2018 U.S. Figure Skating Rule Book, Rule No. 4220 | $2: 30 \mathrm{~min} . \mathrm{max}$. |
| Junior | Governed by Rules of 2017-2018 U.S. Figure Skating Rule Book, Rule No. 4120 | $2: 40+/-10 \mathrm{sec}$. |
| Senior | Governed by Rules of $2017-2018$ U.S. Figure Skating Rule Book, Rule No. 4200 | $2: 40+/-10 \mathrm{sec}$. |

## U.S. Figure Skating Non-Qualifying Competitions

## EVENT: Introductory Levels Free Skate Program

General event parameters:

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.
4. The 6.0 Judging System will be utilized for these events.

| Level | Jump Elements | Spins | Step Sequences | Qualifications |
| :---: | :---: | :---: | :---: | :---: |
| BEGINNER <br> 1:40 Maximum | Max. 5 jump elements: <br> - Jumps with no more than one-half rotation (front to back or back to front). <br> - Max. 2 jump sequences <br> - Max. 2 of any same jump | Max. 2 spins: <br> - Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. <br> Figure Skating <br> Basic Skills free <br> skating badge tests |
| HIGH BEGINNER <br> 1:40 Maximum | Max. 5 jump elements: <br> - Jumps with no more than one-half rotation (front to back or back to front including half-loop) <br> - Single rotation jumps: Salchow and toe loop only. <br> - Max. 2 jump combinations or sequences <br> - Max. 2 of any same type jump. | Max. 2 spins: <br> - Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |
| NO-TEST <br> 1:40 Maximum | Max. 5 jump elements: <br> - All single jumps allowed except for the single Axel <br> - No single Axels, double jumps or triple or quadruple jumps <br> - Number of single jumps (except single Axels is not limited provided the maximum number of jump elements allowed is not exceeded <br> - Maximum of 2 jump combinations or sequences <br> - Jump combinations limited to 2 jumps except that one 3 -jump combination with a maximum of 3 single jumps is permitted <br> - Jump sequences limited to a maximum of 3 single jumps | Max. 2 spins: <br> - Spins may change feet and/or position <br> - Spins may start with a fly <br> - Minimum 3 revs. <br> - Spins must be of a different character (For definition see rule 4103E) | Max. 1 Sequence: <br> - Step sequence must use one-half the ice surface <br> - Moves in the field and spiral sequences are permitted but will not be counted as elements. <br> - Jumps may be included in the step sequence |  |

## U.S. Figure Skating Non-Qualifying Competitions

## EVENT: Well Balanced Program Free Skate

General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted for Pre-Preliminary - Intermediate.
3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. The 6.0 Judging System will be utilized for Pre-Preliminary through Pre- Juvenile including Open Juvenile; IJS judging will be utilized for Juvenile through Senior Events.
5. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org , under "Technical Information," then "Singles/Pairs"

| Level | Jumps | Spins | Step Sequences |
| :---: | :---: | :---: | :---: |
| PRE- <br> PRELIMINARY <br> 1:40 maximum <br> *means <br> element is required | Maximum of 5 jump elements: <br> - All single jumps, including the single Axel, allowed <br> - No double, triple or quadruple jumps allowed <br> - Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels) <br> - Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded <br> - Max 2 jump combinations or jump sequences <br> - Jump combinations limited to 2 jumps except that one 3 -jump combination with a maximum of 3 single jumps is allowed <br> - Jump sequences limited to a maximum of 3 single jumps | Maximum of 2 spins: <br> - Spins may change feet and/or position. <br> - Spins may start with a fly. <br> - Min. of 3 revolutions <br> These spins must be of a different character. <br> For definition see U.S. Figure Skating Rule 4103(E) | Max. 1 Sequence: <br> - Step sequence must use one-half the ice surface <br> - Moves in the field and spiral sequences are allowed but will not be counted as elements <br> - Jumps may be included in the step sequence |
| PRELIMINARY $1: 30+/-10$ <br> sec. <br> *means <br> element is required | Maximum of 5 jump elements: <br> - One must be an Axel-type jump or a waltz jump* <br> - All single jumps, including the single Axel allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop <br> - Double flip, double Lutz, double Alex, triple and quadruple jumps are not allowed. <br> - An Axel plus up to 2 different, allowable double jumps may be repeated once (but no more) as solo jumps or part of a jump sequence or jump combination. <br> - Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded. <br> - Max of 2 jump combinations or sequences <br> - Jump combinations limited to 2 jumps except that one 3 jump combination with a maximum of 2 double jumps and 1 single jump is allowed <br> - Jump sequences limited to a maximum of 3 single or double jumps | Maximum of 2 spins: <br> - Spins may change feet and/or position <br> - Spins may start with a flying entry <br> - Min. 3 revs. <br> These spins must be of a different character For definition see U.S. Figure Skating Rule 4103 (E) | Max. 1 Sequence: <br> - Step sequence must use one-half the ice surface <br> - Moves in the field and spiral sequences are allowed but will not be counted as elements <br> - Jumps may be included in the step sequence |



[^0]Max 1 Sequence:

- Step sequence must fully utilize the ice surface
- Moves in the field and spiral sequences are permitted but will not be counted as elements.
- Jumps may be included in the step sequence

| JUVENILE and OPEN JUVENILE $2: 20+/-10 \mathrm{sec}$ <br> *means element is required | Maximum of 5 jump elements: <br> - 1 must be an Axel-type jump* <br> - All single and double jumps, including the double Axel, allowed <br> - No triple or quadruple jumps allowed <br> - No more than 3 different double jumps may be repeated and if repeated, at least one attempt must be in a jump combination or a jump sequence <br> - If both executions (of the double) are as solo jumps, the second of these jumps will receive $70 \%$ of its original base value <br> - No double jump can be included more than twice <br> - Max 2 jump combinations or sequences <br> - Jump combinations limited to 2 jumps except one 3 -jump combination with a maximum of 2 double jumps and 1 single jump is allowed <br> Number of jumps in jump sequence is not limited | Maximum of 2 spins: <br> - 1 spin combination, with or without change of foot (Min 8 revs) (Min 2 revs in each position)* <br> - 1 spin with only 1 position no change of foot (Min 5 revs)* <br> Both spins may start with a flying entry <br> Spins must be of a different character <br> For definition see U.S. Figure Skating Rule 4103 (E) | Max 1 Sequence: <br> - One choreographic step sequence* <br> - Must fully utilize the ice surface |
| :---: | :---: | :---: | :---: |
| INTERMEDIATE <br> 2:40 +/-10 sec <br> *means element is required | Maximum of 6 jump elements: <br> - 1 must be an Axel-type jump* <br> - All single, double and triple jumps allowed. No quadruple jumps allowed. <br> - No more than 2 different jumps with 2-1/2 or 3 revolutions may be repeated <br> - If any double or triple jumps, including the double Axel, are repeated, at least one attempt must be part of a jump combination or sequence <br> - If both executions (of the double or triple) are as solo jumps, the second of these jumps will receive $70 \%$ of its original base value <br> - No double or triple jump can be included more than twice <br> - Max 3 jump combinations or sequences <br> - Jump combinations limited to 2 jumps except one 3 -jump combination is allowed <br> - Number of jumps in jump sequence is not limited | Maximum of 2 spins: <br> - 1 spin combination, with or without change of foot (Min 8 revs) (Min 2 revs in each position)* <br> - 1 spin with only 1 position; no change of foot (Min 5 revs) * <br> Both spins may start with a flying entry <br> Spins must be of a different character <br> For definition see U.S. Figure Skating Rule 4103 (E) | - Max 1 Sequence: <br> - One leveled step sequence* <br> - Level 2. Only Minimum Variety ( 5 turns) \& Simple Variety (7 turns) and rotation in each direction covering at least $1 / 3$ of the pattern in each direction will be evaluated for the level <br> - Must fully utilize the ice surface |


| NOVICE LADIES $\text { 3:00 +/- } 10 \mathrm{sec}$ <br> *means element is required | Maximum of 6 jump elements: <br> - 1 must be an Axel-type jumps* <br> - All single, double and triple jumps are allowed. No quadruple jumps allowed. <br> - No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence <br> - If both executions (of the double Axel or same triple) are as solo jumps the second of these jumps will receive $70 \%$ of its original base value <br> - There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice <br> - Max 3 jump combinations or sequences <br> - Jump combinations limited to 2 jumps except one 3 -jump combination is allowed <br> - Number of jumps in jump sequence is not limited |
| :---: | :---: |



## Maximum of 3 spins:

1 spin combination; with or without change of foot (Min revs) (Min 2 revs in each of foot or position (Min 6 revs)*

- 3rd spin is option of skater

All spins may start with a flying entry

Spins must be of a different character

For definition see U.S. Figure Skating Rule 4103 (E)

## Max 1 Sequence:

- One leveled step sequence*
- Must fully utilize the ice surface


| JUNIOR LADIES |
| :--- | :--- | :--- |
| $\mathbf{3 : 3 0 + / - 1 0 ~ s e c ~}$ |
| $*$ means |
| element is |
| required |\(\quad\left[\begin{array}{l}Maximum of 7 jump elements: <br>

- 1 must be an Axel-type jump* <br>
- Jumps can contain any number of revolutions <br>
- Of all the triple or quads, only 2 can be executed twice <br>
- If both executions (of the same triple or quad) are as solo <br>
jumps, the second of these jumps will receive 70 \% of its <br>
original base value <br>
- No double jump, including double Axel, can be included more <br>
than twice in total as solo jump or part of a <br>
combination/sequence <br>
- Max 3 jump combinations or sequences <br>
- Jump combinations limited to 2 jumps except one 3-jump <br>
combination is allowed <br>
- Number of jumps in a sequence is not limited\end{array}\right.\)

## Maximum of 3 spins:

- 1 spin combination; with or without change of foot (Min 10 revs) (All 3 basic positions with min 2 revs in each position for highest base value)*
- 1 spin with a flying entry (Min 6 revs
- 1 spin with only 1 position (Min 6 revs)*

All spins may change feet and start with a flying entry

Spins must be of a different character

For definition see U.S. Figure Skating Rule 4103 (E)

## Max 1 Sequence:

- One leveled step sequence*
- Must fully utilize the ice surface

| JUNIOR MEN |
| :--- | :--- | :--- |
| 4:00 +/-10 sec |
| $*$ means |
| element is |
| required |$\quad$| Maximum of 8 jump elements: |
| :--- |
| - 1 must be an Axel-type jump* |
| - Jumps can contain any number of revolutions |
| - Of all the triple or quads, only 2 can be executed twice |
| - If both executions (of the same triple or quad) are as solo |
| jumps, the second of these jumps will receive $70 \%$ of its |
| original base value |
| - No double jump, including double Axel, cna be included more |
| than twice in total as solo jump or part of a |
| combination/sequence |
| - Max 3 jump combinations or sequences |
| - Jump combinations limited to 2 jumps except one 3-jump |
| combination is allowed |
| - Number of jumps in a sequence is not limited |

## Maximum of 3 spins:

- 1 spin combination with or without change of foot (Min 10 revs) (All 3 basic positions with $\min 2$ revs in each position for highest base value)*
- 1 spin with a flying entry (Min 6 revs
- 1 spin with only 1 position (Min 6 revs)*

All spins may change feet and start with a flying entry

Spins must be of a different character

For definition see U.S. Figure Skating Rule 4103 (E)

## Max 1 Sequence:

- One leveled step sequence*
- Must fully utilize the ice surface

| SENIOR LADIES $4: 00+/-10 \mathrm{sec}$ <br> *means element is required | Maximum of 7 jump elements: <br> - 1 must be an Axel-type jump* <br> - Jumps can contain any number of revolutions <br> - Of all the triples or quads, only 2 can be executed twice <br> - If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive $70 \%$ of its original base value <br> - No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence <br> - Max 3 jump combinations or sequences <br> - Jump combinations limited to 2 jumps except one 3 -jump combination is allowed <br> - Number of jumps in a sequence is not limited | Maximum of 3 spins: <br> - 1 spin combination; with or without change of foot (Min 10 revs) (all 3 basic positions with min 2 revs in each position for highest base value)* <br> - 1 spin with a flying entry (Min 6 revs)* <br> - 1 spin with only 1 position (Min 6 revs)* <br> All spins may change feet and start with a flying entry <br> Spins must be of a different character <br> For definition see U.S. Figure Skating Rule 4103 (E) | Max 2 Sequences: <br> - One leveled step sequence (Must fully utilize the ice surface)* <br> - One choreographic sequence (Must be clearly visible)* |
| :---: | :---: | :---: | :---: |
| SENIOR MEN $4: 30+/-10 \mathrm{sec}$ <br> *means element is required | Maximum of 8 jump elements: <br> - 1 must be an Axel-type jump* <br> - Jumps can contain any number of revolutions <br> - Of all the triples or quads, only 2 can be executed twice <br> - If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive $70 \%$ of its original base value <br> - No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence <br> - Max 3 jump combinations or sequences <br> - Jump combinations limited to 2 jumps except one 3 -jump combination is allowed <br> - Number of jumps in a sequence is not limited | Maximum of 3 spins: <br> - 1 spin combination; with or without change of foot (Min 10 revs) (all 3 basic positions with min 2 revs in each position for highest base value)* <br> - 1 spin with a flying entry (Min 6 revs)* <br> - 1 spin with only 1 position (Min 6 revs)* <br> All spins may change feet and start with a flying entry <br> Spins must be of a different character <br> For definition see U.S. Figure Skating Rule 4103 (E) | Max 2 Sequences: <br> - One leveled step sequence (Must fully utilize the ice surface)* <br> - One choreographic sequence (Must be clearly visible)* |

## U.S. Figure Skating Non Qualifying Competitions

## EVENT: Adult Free Skate

General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.
5. The following deductions will be taken:

-     - 0.1 from each mark for each technical element included that is not permitted in the event description.
-     - 0.2 from the technical mark for each extra element included.
-     - $\quad 0.1$ from the technical mark for any spin that is less than the required minimum revolutions.

| Level | Jumps | Spins | Step Sequences |
| :---: | :---: | :---: | :---: |
| ADULT GOLD 2:40 max | Maximum 5 Jump Elements: <br> - Max 3 combinations or sequences <br> - 1 jump combination/sequence may contain 3 jumps; the remaining jump combinations/sequences are limited to 2 jumps <br> - Each jump combination or sequence may include only 1 double jump <br> - Each jump may be repeated only once, and only as part of a combination or sequence <br> - If both executions of the same jump are as solo jumps, the second of these jumps will receive $70 \%$ of its original base value <br> - All single jumps, including the single Axel, and the following double jumps are permitted: double toe loop, double Salchow. <br> - Double look, double flip, double Lutz, double Axel and triple jumps are not permitted | Maximum 3 Spins: <br> - Spins must be of different character (for definition, see U.S. Figure Skating rule 4103(E) <br> - Min. 4 revolutions total if no change of foot <br> - Min. 4 revolutions each foot if change of foot <br> - Min. 2 revolutions in position | Maximum 1 Step Sequence: <br> - 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) <br> - Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such. |
| ADULT SILVER 2:10 max | Maximum 5 Jump Elements: <br> - Max 2 combinations or sequences <br> - 1 jump combination/sequence may contain 3 jumps, and the other may contain only 2 jumps <br> - Additional jump sequences which contain non-listed jumps of not more than 2 revolution performed as part of connecting footwork preceding single jumps are permitted <br> - Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) <br> - All single jumps, including single Axel, are permitted <br> - No double or triple jumps are permitted | Maximum 2 Spins: <br> - Spins must be of different character (for definition, see U.S. Figure Skating rule 4103(E) <br> - Min. 3 revolutions total if no change of foot <br> - Min. 3 revolutions each foot if change of foot <br> - Min. 2 revolutions in position <br> - No flying spins are permitted | Maximum 1 Step Sequence: <br> - 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) <br> - Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such |


| ADULT BRONZE <br> 1:50 max | Maximum 4 Jump Elements: <br> - Max 2 combinations or sequences <br> - 1 jump combination/sequence may contain 3 jumps, and the other may contain only 2 jumps <br> - Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) <br> - All single jumps are permitted (except single Axel) <br> - No single Axel, double or triple jumps are permitted | Maximum 2 Spins: <br> - Spins must be of different character (for definition, see U.S. Figure Skating rule 4103(E) <br> - Min 3 revs total if no change of foot <br> - Min 3 revs each foot if change of foot <br> - Min 2 revs in each position <br> - No flying spins are permitted | Maximum 1 Sequence <br> - 1 Choreographic step sequence, fully utilizing at least $1 / 2$ of the ice surface (may include moves in the field and spirals) <br> - Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such. |
| :---: | :---: | :---: | :---: |
| ADULT PRE BRONZE 1:40 max | Maximum 4 Jump Elements: <br> - Max 2 combinations or sequences <br> - 1 jump combination/sequence may contain 3 jumps, and the other may contain only 2 jumps <br> - Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) <br> - Only single and half-revolution jumps are permitted <br> - No single Lutz, single Axel or double or triple jumps are permitted | Max. 2 Spins <br> - Min. 3 revs <br> - Spins with a flying entry are not permitted | Maximum 1 Sequence <br> - 1 Choreographic step sequence, fully utilizing at least $1 / 2$ of the ice surface (may include moves in the field and spirals) <br> - Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such. |

## U.S. Figure Skating Non Qualifying Competitions

## EVENT: Test Track Free Skate

General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
4. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
5. The following deductions will be taken:

- $\quad 0.1$ from each mark for each technical element included that is not permitted in the event description.
- $\quad 0.2$ from the technical mark for each extra element included.
- $\quad 0.1$ from the technical mark for any spin that is less than the required minimum revolutions.

| Level | Jumps | Spins | Step Sequences | Qualifications |
| :---: | :---: | :---: | :---: | :---: |
| PRE-PRELIMINARY <br> 1:40 maximum | Maximum of 5 jump elements: <br> - Jumps with not more than one-half rotation (front to back or back to front including half-loop) <br> - Single rotation jumps: Salchow, toe loop and loop only. <br> - Max. 2 jump combinations or sequences <br> - Max. 2 of any same type jump | Maximum of 2 spins: <br> - Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions) | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating prepreliminary free skate test |
| PRELIMINARY $\text { 1:30 +/- } 10 \mathrm{sec} .$ | Maximum of 5 jump elements: <br> - Jumps with not more than one rotation (no Axels). <br> - Max. 2 jump combinations or sequences <br> - Max. 2 of any same type jump | Maximum of 2 spins: <br> - One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) <br> - One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) | Connecting moves and steps should be demonstrated throughout the program | Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test |
| PRE-JUVENILE $\text { 2:00 +/- } 10 \mathrm{sec} .$ | Maximum of 5 jump elements: <br> - Jumps with not more than one rotation (no Axels). <br> - Max. 2 jump combinations or sequences <br> - Max. 2 of any same type jump | Maximum of 2 spins: <br> - One spin in one position, no change of foot (Min. 3 revolutions) <br> - One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly. | One step sequence fully utilizing ice surface | Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than prejuvenile free skate test |
| JUVENILE $\text { 2:15 +/- } 10 \mathrm{sec} .$ | Maximum of 5 jump elements: <br> - Any single jumps, including Axel, are permitted. <br> - Max. 2 jump combinations or sequences <br> - Max. 2 of any same type jump | Maximum of 2 spins: <br> - One solo spin in one position, no change of foot (Min. 4 revolutions). <br> - One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) <br> - Only solo spin may fly | One step sequence fully utilizing ice surface | Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test |


| INTERMEDIATE $\text { 2:30 +/- } 10 \text { sec. }$ | Maximum of 6 jump elements: <br> - Any single jumps. <br> - Double jumps permitted: double Salchow and double toe loop. <br> - Maximum of 3 jump combinations or sequences <br> - Max. 2 of any same type jump | Maximum of 2 spins: <br> - One must be a flying spin (min 5 revolutions), <br> - One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). | One step sequence fully utilizing ice surface | Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test |
| :---: | :---: | :---: | :---: | :---: |
| NOVICE <br> Ladies: 3:00 +/- 10 sec. <br> Men: $\text { 3:30 +/- } 10 \mathrm{sec} .$ | Maximum of 7 jump elements for men and 6 for ladies: <br> - Any single jumps. <br> - Double jumps permitted: double Salchow, double toe loop and double loop. <br> - Maximum of 3 jump combinations or sequences <br> - Max. 2 of any same type jump | Maximum of 3 spins, of a different nature: <br> - One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) <br> - The other spins are the option of the skater (min 6 revolutions per foot) <br> - All spins may fly | One step sequence or spiral sequence fully utilizing ice surface <br> (see rule 4104 \& 4105 for remarks) | Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test |
| JUNIOR <br> Ladies: 3:30 +/- 10 sec. <br> Men: $4: 00+/-10 \mathrm{sec} .$ | Maximum of 8 jump elements for men and 7 for ladies: <br> - Any single jumps. <br> - Double jumps permitted: double Salchow, double toe loop, double loop and double flip <br> - Maximum of 3 jump combinations or sequences <br> - Max. 2 of any same type jump | Maximum of 3 spins of a different nature: <br> - One spin in one position (Min. 6 revolutions) <br> - One flying spin (Min. 6 revolutions) <br> - One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) | One step sequence fully utilizing ice surface <br> (See rule 4105 for remarks) | Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test |
| SENIOR <br> Ladies: 4:00 +/- 10 sec. <br> Men: $4: 30+/-10 \text { sec. }$ | Maximum of 8 jump elements for men and 7 for ladies: <br> - Any single jumps. <br> - Must include at least four different double jumps, one must be a double Lutz. <br> - Triple jumps are not permitted <br> - Maximum of 3 jump combinations or sequences <br> - Max. 2 of any same type jump | Maximum of 3 spins of a different nature: <br> - One spin in one position (Min. 6 revolutions) <br> - One flying spin (Min. 6 revolutions) <br> - One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) | Men: <br> Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks) <br> Ladies: <br> One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 \& 4105 for remarks.) | Skaters must have passed at least the U.S. Figure Skating junior free skate test |

## SOLO DANCE

| KILLIAN | Open |
| :--- | :--- |
| QUICK STEP | One or more Gold Dances has to be passed |
| BLUES | Must not have completed US Figure Skating Gold dance test |
| ROCKER FOXTROT | Must not have completed US Figure Skating Pre-Gold or Skate Canada Sr. Silver dance test |
| FOXTROT | Must not have completed US Figure Skating Silver or Skate Canada Jr. Silver dance test |
| TEN FOX | Must not have completed US Figure Skating Pre-Silver of Skate Canada Sr. Bronze dance test |
| FIESTA TANGO | Must not have completed US Figure Skating Bronze or Skate Canada Jr. Bronze dance test |
| DUTCH WALTZ | Must not have completed US Figure Skating Pre-Bronze or Skate Canada Jr. Bronze dance test |

## SHADOW DANCE

| KILLIAN | One of the two must not have passed any USFS gold tests or Skate Canada Gold Tests |
| :--- | :--- |
| ROCKER FOXTROT | One of the two must not have passed any USFS Pre-Gold dances or Skate Canada Senior Silver Tests |
| 14 STEP | One of the two must not have passed any USFS Silver dances or Skate Canada Junior Silver Tests |
| TEN FOX | One of the two must not have passed any USFS Pre-Silver dances or Skate Canada Junior Silver tests |
| FIESTA TANGO | One of the two must not have passed any USFS Bronze dances or Skate Canada Senior Bronze tests |
| DUTCH WALTZ | One of the two must not have passed any USFS Pre-Bronze dances or Skate Canada Junior Bronze tests |

## FREE DANCE

| CATEGORY | REQUIREMENTS | TIME |
| :--- | :--- | :--- |
| NOVICE | As per the 2015-2016 USFS Rule Book | 3 minutes |
| INTERMEDIATE | As per the 2015-2016 USFS Rule Book | 2 minutes, 30 seconds |
| JUVENILE | As per the 2015-2016 USFS Rule Book | 2 minutes, 15 seconds |

## COMPULSORY SPINS

All levels will present a program without music with spins specified for their appropriate level. Connecting moves are permitted between each spin. Spins may be done in any order. There will be deductions for any jumps. Programs can be no longer than stated times. Beginner through Juvenile and Adult will be done on half ice. Intermediate through Senior will be done on full ice. Skaters may skate at their test level or one level up.

| No Test | 45 seconds max. | Upright one foot Spin (3 rev); Upright two foot spin (3 rev); Sit Spin (3 rev) |
| :---: | :---: | :---: |
| Pre-Preliminary | 1 minute max. | Upright one foot spin (3 rev); Upright back scratch spin (3 rev); Sit Spin (3 rev) |
| Preliminary | $1 \mathrm{~min} .15 \mathrm{sec} . \max$. | Front scratch to back scratch spin (3 rev); Combination spin with no change of foot (4 rev); Sit spin (3 rev) |
| Pre-Juvenile | 1 min. 15 sec. max. | Camel spin (3 rev); Front to back scratch spin (3 rev per foot) Combination spin - camel to sit spin, no change of foot ( 6 rev ) |
| Juvenile | $1 \mathrm{~min} .15 \mathrm{sec} . \max$. | Sit spin (4 rev); Combination spin with one change of foot, optional change of position (4 rev. each foot); Girls-layback spin (4 rev), Boys-camel Spin (4 rev) |
| Intermediate | 1 min. 30 sec. max. | Flying Camel (5 rev in position); Sit spin to backward sit spin (4 rev per foot); Combination spin - change of foot \& change of position (4 rev per foot) |
| Novice | 1 min. 30 sec. max. | Choice of camel, sit or layback spin ( 6 rev.) <br> Camel spin to backward camel spin (4 rev per foot in position) <br> Combination spin-change of foot and 2 changes of position ( 2 per position \& 5 per foot |
| Junior/Senior | 1 min. 30 sec. max. | Flying spin of choice ( 6 rev.); solo spin of choice, may not fly ( 6 rev.); Combination spin With change of foot \& utilizing all three positions (2 per position \& 5 per foot) |
| Adult Pre-Bronze | $1 \mathrm{~min} .15 \mathrm{sec} . \max$. | One foot upright spin (3 rev.); Two foot upright spin (3 rev.) |
| Adult Bronze | $1 \mathrm{~min} .15 \mathrm{sec} . \max$. | One foot upright spin (4 rev.); One foot back spin (3 rev.); Sit spin (3 rev.) |
| Adult Silver | $1 \mathrm{~min} .30 \mathrm{sec} . \mathrm{max}$. | Camel Spin (3 rev.); Layback, sideways leaning or sit spin (4 rev.); Combination spin with at least one change of position, no change of foot (3 rev. in each position) |
| Adult Gold | 1 min. 30 sec. max. | Solo spin, no change of foot (4 rev.); Second solo spin, different from the first; change Of foot optional ( 4 rev.); Combination spin with only one change of foot and at least One change of position (4 rev. each foot) |

## COMPULSORY MOVES

Test requirements are the same as for Free Skating. Skaters will present a program, including the required elements, in any order, without music within the time allowed. Beginner through Juvenile and Adult compulsory moves will be skated on one-half ice surface. Intermediate through Novice \& Up will be skated on the full ice surface.

| Beginner <br> (Not passed USFS <br> Basic 8) | 1 min .30 sec. | Forward crossovers, either direction; Any stop; Backward stroking; Forward pumping, either direction; One foot glide, each foot |
| :---: | :---: | :---: |
| High Beginner <br> (Not passed USFS <br> Freeskate 4 and/or <br> Pre-Preliminary <br> Freeskate) | 1 min .30 sec. | Backward crossovers, both directions; Two bunny hops; Forward spiral; Lunge Two foot spin (3 rev.) |
| No Test <br> (Not passed Pre- <br> Preliminary <br> Freeskate) | 1 min .30 sec. | Waltz jump; Salchow; One foot spin, optional free leg position; $1 / 2$ Lutz; Forward Outside spiral |
| Pre-Preliminary | 1 min .30 sec. | Waltz/Toe loop combination; Loop Jump; Forward outside spiral; Salchow; Scratch Spin (3 rev. min.) |
| Preliminary | 1 min .30 sec. | Flip jump; Sit spin (3 rev. min.); Loop/loop combination; Forward inside spiral; Front to back scratch spin (3 rev. min. each foot) |
| Pre-Juvenile | 1 min .30 sec. | Camel spin (3 rev. in position); Lutz jump; Flip/loop combination; Forward to backward spiral; Sit change sit spin (3 rev. each foot in position) |
| Juvenile | 2 minutes | Axel; Lutz/loop combination; Layback spin (girls)/Camel spin (boys) (4 rev. min.); Camel-sit combination spin ( 4 rev . min. each foot); Spiral sequence |
| Intermediate | 2 minutes | Double Salchow OR Double Toe Loop; Axel/loop combination; Spin combination with 1 change of foot and at least 1 change of position, no fly ( 5 rev . min. each Foot); Step sequence; Flying Spin, no change of foot, no change of position (5 rev. min.) |
| Novice | 2 min .30 sec. | Double loop; Axel/half loop/double Salchow sequence; Spiral sequence; Spin combination with 1 change of foot and at least 1 change of position, fly entry allowed; Spin with only 1 position, no fly and no change of foot |
| Junior/Senior | 2 min .30 sec. | Double Flip OR Double Lutz; Double-double combination jump; 1 step sequence OR spiral sequence; Combination spin consisting of 1 change of foot and 2 changes of position ( 6 rev. min. each foot); Flying spin of any nature ( 6 rev . min.) |
| Adult Pre-Bronze | $1 \mathrm{~min} .15 \mathrm{sec} . \max$ | Backward crossovers (Min. 5 consecutive); Waltz jump; Forward upright spin (Min. 3 rev.); Forward outside spiral |
| Adult Bronze | 1 min. 15 sec. max | Single Salchow; Waltz jump-toe loop combination jump; Sit spin (min. 3 rev.); Spiral sequence (min. 2 spirals) |
| Adult Silver | $1 \mathrm{~min} .30 \mathrm{sec} . \max$ | Single loop; Single/single jump combination; Sit spin (min. 3 rev.); Straight line step sequence |
| Adult Gold | $1 \mathrm{~min} .30 \mathrm{sec} . \max$ | Single Lutz or Axel; Single/single or single/double jump combination; Camel spin (min. 4 rev.); Straight line step sequence. |

## JUMP EVENT

Skaters will present a program without music with the jumps specified for their level. Program times are maximums. Test requirements are the same as free skate levels. All programs are completed on $1 / 2$ ice surface except Juvenile-Senior events which will be skated on full ice. Minimal connecting steps are allowed but will not affect scoring. Skaters will be allowed 2 attempts at each jump.

| No Test | 1 min. max | Waltz jump; Toe loop; Salchow |
| :---: | :---: | :---: |
| Pre-Preliminary | $1 \mathrm{~min} . \max$. | Toe Loop; Salchow; Combination of any two single jumps (NO axels) |
| Preliminary | $1 \mathrm{~min} .15 \mathrm{sec} . \mathrm{max}$. | Lutz; Flip; Combination of any single jump with a loop jump (may include axel) |
| Pre-Juvenile | $1 \mathrm{~min} .15 \mathrm{sec} . \mathrm{max}$. | Lutz; Any single or double jump; Single/single combination (axel permitted) |
| Juvenile | $1 \mathrm{~min} .30 \mathrm{sec} . \mathrm{max}$. | Axel; Double Salchow; Double/single combination (no double axel) |
| Intermediate | $1 \mathrm{~min} .30 \mathrm{sec} . \mathrm{max}$. | Axel; Double loop; Combination of any two double jumps (no double axel) |
| Novice | $1 \mathrm{~min} .30 \mathrm{sec} . \max$ | Double Loop; Double Flip; Combination of any two double jumps (double axel permitted) |
| Junior/Senior | $1 \mathrm{~min} .30 \mathrm{sec} . \max$ | Double Lutz; Double Flip; Combination of any 2 double jumps OR Triple/double |
| Adult Pre-Bronze | 1 min . max. | Waltz or toe loop; $1 / 2$ flip, $1 / 2$ lutz or $1 / 2$ loop |
| Adult Bronze | 1 min . max. | Single Salchow; Single toe loop; Any single jump/single toe loop combination (no axels) |
| Adult Silver | $1 \mathrm{~min} .15 \mathrm{sec} . \max$. | Single Flip; Single Loop; Single/single combination (Axel is permitted) |
| Adult Gold | $1 \mathrm{~min} .30 \mathrm{sec} . \mathrm{max}$. | Single Axel; Single Lutz; Single/single or single/double jump combination (may include any Single jump, double toe loop or double Salchow) |

## FOOTWORK

Skaters perform footwork sequences of their own design to music of their choice. The program should contain a variety of turns and sequences that emphasize the skater's controlled edges and turns in addition to speed and quickness of the routine. The program may contain one-half rotation jumps and spins with fewer than three revolutions. The routine will be judged on both technical merit and presentation.

| CATEGORY | QUALIFICATIONS | TIME |
| :--- | :--- | :--- |
| Preliminary | Passed no higher than Preliminary Freeskate | $1: 10 \mathrm{max}$ |
| Pre-Juvenile/Juvenile | Passed no higher than Juvenile Freeskate | $1: 10 \mathrm{max}$ |
| Intermediate/Novice | Passed no higher than Novice Freeskate | $1: 10 \mathrm{max}$ |
| Junior/Senior | Passed Junior Freeskate | $1: 10 \mathrm{max}$ |
| Adult (18 \& up) | Passed Adult Pre-Bronze Freeskate | $1: 10 \mathrm{max}$ |

## SHOWCASE

Skaters may enter only one event at their free skating level or one level up. One mark will be given. Judges may or may not be US Figure Skating or Skate Canada judges. Showcase numbers are considered as entertainment and will be judged in the following areas: music interpretation, audience appeal, skating performance, choreography and costume. No feathers or dangling beads that may come off the costume are allowed. Thirty seconds are allotted for the placing of props other than hand held. Skater's choice of music. Vocals may be used. This event is a qualifier for National Showcase.

| No Test | 1 min .40 sec. max. | Must not have passed any USFS/Skate Canada tests. |
| :--- | :--- | :--- |
| Pre-Preliminary | $1 \mathrm{~min} .40 \mathrm{sec} . \mathrm{max}$. | Must not have passed higher than Pre-Preliminary Free Skate test. |
| Preliminary | 1 min .40 sec. max. | Must not have passed higher than Preliminary Free Skate test |
| Pre-Juvenile | 1 min .40 sec. max. | Must not have passed higher than Pre-Juvenile Free Skate test |
| Juvenile | 2 min .10 sec. max. | Must not have passed higher than Juvenile Free Skate test |
| Intermediate | 2 min .10 sec. max. | Must not have passed higher than Intermediate Free Skate test. |
| Novice | $2 \mathrm{~min} .10 \mathrm{sec} . \max$. | Must not have passed higher than Novice Free Skate test. |
| Junior/Senior | $2 \mathrm{~min} .40 \mathrm{sec} . \max$ | Must have passed Junior or Senior Free Skate test. |
| Adult | 2 min .40 sec. max. | Passed Adult Pre-Bronze Free Skate test; Ages 20 and up. |

## GROUP SHOWCASE

A group showcase will consist of between 2-4 skaters. A creative routine is skated, which may include props, to illustrate a theme, tell a story or interpret the music. Skaters may enter only one event at the highest test level of the skaters in the group. One mark will be given. Judges may or may not be US Figure Skating or Skate Canada judges. Group showcase numbers are considered as entertainment and will be judged in the following areas: music interpretation, audience appeal, skating performance, choreography and costume. No feathers or dangling beads that may come off the costume are allowed. Thirty seconds are allotted for the placing of props other than hand held. Skater's choice of music. Vocals may be used. This event is a qualifier for National Showcase.

| No Test | 1 min .40 sec. max. | Must not have passed any USFS/Skate Canada tests. |
| :---: | :---: | :---: |
| Pre-Preliminary | 1 min .40 sec. max. | Must not have passed higher than Pre-Preliminary Free Skate test. |
| Preliminary | 1 min .40 sec. max. | Must not have passed higher than Preliminary Free Skate test |
| Pre-Juvenile | 1 min .40 sec. max. | Must not have passed higher than Pre-Juvenile Free Skate test |
| Juvenile | 2 min .10 sec. max. | Must not have passed higher than Juvenile Free Skate test (Ages 13 \& under) |
| Teen | 2 min .10 sec. max. | Must not have passed higher than Juvenile Free Skate test (Ages 14-17) |
| Intermediate | 2 min .10 sec. max. | Must not have passed higher than Intermediate Free Skate test. |
| Novice | 2 min .10 sec. max. | Must not have passed higher than Novice Free Skate test. |
| Junior/Senior | $2 \mathrm{~min} .40 \mathrm{sec} . \max$ | Must have passed Junior or Senior Free Skate test. |
| Adult | $2 \mathrm{~min} .40 \mathrm{sec} . \mathrm{max}$. | Passed Adult Pre-Bronze Free Skate test; Ages 20 and up. |

## U.S. Figure Skating Nonqualifying Competitions

EVENT: Showcase Events - Production Ensemble Events

Formats:

- Mini production ensemble events are theatrical performances by three to seven competitors. Props and scenery are permitted. Programs are performed under full arena lighting
- Production ensemble events are theatrical performances by eight or more competitors. Theatre On Ice teams are eligible as production ensembles. Props and scenery are allowed. Programs are performed under full arena lighting - NOTE: Skaters may enter only one duet, mini production or production event each.

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline.

Current guidelines and procedures for non-qualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

This event is a qualifier for National Showcase.

Production Ensemble Events

| Event | Program <br> Duration | Must have passed free <br> skating or dance test (solo or <br> partnered standard track) | Must not <br> have passed <br> free skate or dance (solo <br> or partnered) test | Age |
| :---: | :---: | :---: | :---: | :---: |
| Mini Production | $3: 10$ maximum | Open | Open | No age restriction |
| Production Ensemble | $6: 15$ max | Open | Open | No age restriction |

Skaters may enter only one event level, either at their freeskating level or one level up. Music is supplied by the competition committee. Music will be played for the competitors during warm-up. Skaters will be judged on originality, musical and artistic expression and ice coverage. No costumes or props allowed. Technical elements will be judged only on their appropriateness to the music. Judges may or may not be US Figure Skating judges or Skate Canada judges. Coaching is not allowed after the event has started.

| No Test | 1 min. max. | Must not have passed Pre-Preliminary Free Skate Test |
| :--- | :--- | :--- |
| Pre-Preliminary | 1 min. max. | Must not have passed Preliminary Free Skate Test |
| Preliminary | 1 min. max. | Must not have passed Pre-Juvenile Free Skate Test |
| Pre-Juvenile | 1 min. max. | Must not have passed Juvenile Free Skate Test |
| Juvenile | 1 min. max. | Must not have passed Intermediate Free Skate Test |
| Open | 1 min. max. | Open to any skater under age 20 |
| Adult | 1 min. max. | Open to any skater age 21 and above |

## TEAM COMPULSORY MOVES

Teams may have 3 to 5 members. Teams may include one male. No skater can do more than 2 moves. Skaters up to and including Juvenile/Jr. Bronze should be prepared to use one-half the ice surface, if necessary. A separate application and check must be sent for each team. The form must be completely filled out or it will not be accepted. Technical merit only will be judged. Skaters can skate at their test level or one level up.

| Beginner <br> (Not passed USFS Basic 8) | 1. Forward crossovers 2. Backward crossovers 3. Bending over and touching ankles <br> 4. Gliding on one foot 5. Any stop |
| :--- | :--- |
| High Beginner <br> (Not passed USFS Freeskate 4 <br> And/or Pre-Preliminary <br> Freeskate | 1. Forward crossovers 2. Backward crossovers 3. Mohawk 4. Three turns <br> 5. Two bunny hops |
| Pre-Preliminary | 1. Waltz jump 2. One foot spin 3. Salchow jump 4. Toe loop 5. Spiral <br> 1. Flip jump 2. Salchow jump 3. Forward spiral 4. One foot spin 5. Waltz jump/ <br> toe loop combination |
| Preliminary | 1. Flip jump 2. Camel spin 3. Forward spiral 4. Loop/loop combination 5. Sit spin |
| Pre-Juvenile | 1. Lutz 2. Camel spin 3. Spiral-forward and backward 4. Combination spin <br> 5. Axel/loop combination |
| Juvenile | 1. Axel 2. Change foot spin 3. Double Salchow 4. Straight line footwork <br> 5. Double/Double jump combination. |
| Intermediate | 1. Axel 2. Double loop 3. Double/Double combination 4. Combination spin <br> 5. Circular or straight line footwork |
| Novice | 1. Double/Double combination 2. Ina Bauer or Spread Eagle 3. Double lutz OR <br> double axel 4. Flying camel 5. Combination spin |
| Junior/Senior | 1. Waltz jump 2. One foot spin 3. Salchow jump 4. Toe loop 5. Spiral |
| Adult |  |

## Compete USA Competitions

## EVENT: Basic Elements: SNOWPLOW SAM - BASIC 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on $1 / 3$ to $1 / 2$ ice.
- No music.
- All elements must be skated in the order listed.

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| Snowplow Sam | 1:00 max. | - March followed by a two-foot glide and dip <br> - Forward two-foot swizzles, 2-3 in a row <br> - Forward snowplow stop <br> - Backward wiggles, 2-6 in a row |
| Basic 1 | 1:00 max. | - Forward two-foot glide and dip <br> - Forward two-foot swizzles, 6-8 in a row <br> - Beginning snowplow stop on two-feet or one-foot <br> - Backward wiggles, $6-8$ in a row |
| Basic 2 | 1:00 max. | - Forward one-foot glide, either foot <br> - Scooter pushes, right and left foot, 2-3 each foot <br> - Moving snowplow stop <br> - Two-foot turn in place, forward to backward <br> - Backward two-foot swizzles, 6-8 in a row |
| Basic 3 | 1:00 max. | - Beginning forward stroking showing correct use of blade <br> - Forward $1 / 2$ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive <br> - Forward slalom <br> - Beginning backward one-foot glide, either foot <br> - Moving forward to backward two-foot turn on a circle |
| Basic 4 | 1:00 max. | - Backward one-foot glides, right and left <br> - Forward outside edge on a circle, clockwise or counter clockwise <br> - Forward crossovers, 4-6 consecutive, both directions <br> - Beginning two-foot spin, 2-4 revolutions <br> - Backward $1 / 2$ swizzle pumps on a circle, one direction only |
| Basic 5 | 1:00 max. | - Backward outside edge on a circle, clockwise or counterclockwise <br> - Backward crossovers, 4-6 consecutive, both directions <br> - Advanced two-foot spin, 4-6 revolutions <br> - Forward outside three-turn, right and left <br> - Hockey stop |
| Basic 6 | 1:00 max. | - Forward inside three-turn, right and left <br> - Bunny Hop <br> - Forward spiral on a straight line, right or left <br> - Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry <br> - T-stop, right or left |

## Compete USA Competitions

## EVENT: Basic Program: SNOWPLOW SAM - BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| Snowplow Sam | 1:10 max. | - March followed by a two-foot glide and dip <br> - Forward two-foot swizzles, 2-3 in a row <br> - Forward snowplow stop <br> - Backward wiggles, 2-6 in a row |
| Basic 1 | 1:10 max. | - Forward two-foot glide and dip <br> - Forward two-foot swizzles, 6-8 in a row <br> - Beginning snowplow stop on two-feet or one-foot <br> - Backward wiggles, 6-8 in a row |
| Basic 2 | 1:10 max. | - Forward one-foot glide, either foot <br> - Scooter pushes, right and left foot, 2-3 each foot <br> - Moving snowplow stop <br> - Two-foot turn in place, forward to backward Backward two-foot swizzles, 6-8 in a row |
| Basic 3 | 1:10 max. | - Beginning forward stroking showing correct use of blade <br> - Forward $1 / 2$ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive <br> - Forward slalom <br> - Beginning backward one-foot glide, either foot <br> - Moving forward to backward two-foot turn on a circle |
| Basic 4 | 1:10 max. | - Backward one-foot glides, right and left <br> - Forward outside edge on a circle, clockwise or counter clockwise <br> - Forward crossovers, 4-6 consecutive, both directions <br> - Beginning two-foot spin, 2-4 revolutions <br> - Backward $1 / 2$ swizzle pumps on a circle, one direction only |
| Basic 5 | 1:10 max. | - Backward outside edge on a circle, clockwise or counterclockwise <br> - Backward crossovers, 4-6 consecutive, both directions <br> - Advanced two-foot spin, 4-6 revolutions <br> - Forward outside three-turn, right and left <br> - Hockey stop |
| Basic 6 | 1:10 max. | - Forward inside three-turn, right and left <br> - Bunny Hop <br> - Forward spiral on a straight line, right or left <br> - Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry <br> - T-stop, right or left |

Please Print or Type:
Skater's Name: $\qquad$ Sex: $\qquad$
Address: $\qquad$ City: $\qquad$ State: $\qquad$
Zip: $\qquad$ Telephone ( ) $\qquad$ E-Mail Address: $\qquad$
MUST BE COMPLETED: Age: $\qquad$ Birthday: $\qquad$ 1 $\qquad$
Highest test passed: USFS/Skate Canada Free Skate: $\qquad$ Dance: $\qquad$
Partners Name: $\qquad$ Pairs Test Passed: $\qquad$
Home Club: $\qquad$ USFS/Skate Canada\#

PLEASE ENTER ME IN THE FOLLOWING EVENT(S)


## $29^{\text {th }}$ ANNUAL SPRING SKATE FESTIVAL <br> BASIC SKILLS ENTRY FORM

ENTRIES MUST BE POSTMARKED BY APRIL 15, 2018

Please Print or Type:
Skater's Name: $\qquad$ Sex: $\qquad$
Address: $\qquad$
City: $\qquad$ State: $\qquad$ Zip: $\qquad$
Telephone ( ) $\qquad$ E-Mail Address: $\qquad$
$\qquad$
Highest test passed: Basic Skills Level:
USFS or Skate Canada Basic Skills \# $\qquad$ Home Club: $\qquad$
PLEASE ENTER ME IN THE FOLLOWING EVENT(S)


## $29^{\text {th }}$ ANNUAL SPRING SKATE FESITVAL TEAM COMPULSORY MOVES ENTRY FORM

One entry form per team! (This form may be duplicated). Form must be completely filled out with fees enclosed.

Teams may have 3-5 members. No skater may do more than 2 moves.
Fees are $\$ 40$ per team in US FUNDS ONLY. (Please write separate check for team events - 1 check per team).

Team Name:

Team Members:

1. $\qquad$ Club: $\qquad$ USFS/SC\# $\qquad$
2. $\qquad$ Club: $\qquad$ USFS/SC\# $\qquad$
3. $\qquad$ Club: $\qquad$ USFS/SC\# $\qquad$
4. $\qquad$ Club: $\qquad$ USFS/SC\# $\qquad$
5. $\qquad$ Club: $\qquad$ USFS/SC\# $\qquad$

Contact Person: $\qquad$ Telephone: $\qquad$
$\qquad$ Beginner Team $\qquad$ Juvenile Team (Jr. Bronze)High Beginner Team
-_ Intermediate Team (Sr. Bronze)Pre-Preliminary TeamNovice Team (Jr. Silver)
Preliminary Team $\qquad$ Junior/Senior Team (Sr. Silver/Gold)

## Deadline for entry is April 15, 2018

Checks should be made payable to : Skating Club of Western New York
Mail entry to: Kathy Gregoire
Spring Skate Festival
3598 Heatherwood Drive Hamburg, NY 14075

All teams must submit completed Certificate of Eligibility signed by club officer for each skater.

Date: $\qquad$ Amount: $\qquad$ Check\# $\qquad$

## PLANNED PROGRAM CONTENT SHEET

Juvenile through seniors doing a Short Program or Freestyle Program must submit a Planned Program Content Sheet for each program.

| Name of Competitor: |
| :--- |
| Event: |
| Club: |

## ELEMENTS IN ORDER OF SKATING

| TIME* | SHORT PROGRAM ELEMENTS | TIME* | LONG PROGRAM ELEMENTS |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

* Time During Program

Mail Planned Program Content along with entry form by: April 15, 2018
Planned Program Content sheets may also be updated on the US Figure Skating website, if doing so, please make note of this on your entry form

# $29^{\text {th }}$ ANNUAL SPRING SKATE FESTIVAL 

## PRACTICE ICE FORM

## SATURDAY, MAY 19, 2018

Practice ice will be available on Saturday, May $19^{\text {th }}$ beginning at 7:00 a.m.

There will be 2 - 25 minute practice ice sessions available at a cost of $\$ 15.00$ per session.

Practice ice will be broken down into 2 sessions:

- High - Juvenile Freeskating through Senior Freeskating - Rink \#1
- Low - No Test through Pre-Juvenile Freeskating - Rink \#2

There will be a limit of 25 skaters on the low practice ice session and 20 skaters on the high practice ice session.

Practice ice will be sold on the day of the competition depending on availability. Please check with the registration desk.

NAME OF SKATER: $\qquad$

CLUB: $\qquad$

AMOUNT ENCLOSED: $\qquad$

## PLEASE SELECT SESSION:

$\qquad$ High - Juvenile Freeskating through Senior Freeskating
$\qquad$ Low - No Test through Pre-Juvenile Freeskating

Make checks payable to: Skating Club of Western New York

Mail to: Kathy Gregoire
Spring Skate Festival 3598 Heatherwood Drive Hamburg, NY 14075

## SKATING CLUB ADVERTISING CONTRACT

Show your support for your athletes while they're competing by advertising in the competition program.

# DEADLINE FOR PROGRAM ADVERTISEMENT IS: APRIL 15, 2018 

| Full Page (7.5" wide $\times 10^{\prime \prime}$ deep) |  | \$75.00 |
| :---: | :---: | :---: |
| Half Page (7.5" wide $\times 5^{\prime \prime}$ deep) \$ |  | 40.00 |
| Quarter Page (3.5/8" wide $\times 5^{\prime \prime}$ deep) |  | \$20.00 |
| Skater Recognition Line(s) |  | \$ 5.00 |
| *30 spaces per line with each additional line \$1 |  |  |
| Ex: Good Luck Amy! Love Mom (1 line) <br> Mary, you're our shining star. Love Mom \& Dad (2 lines) |  |  |
| Skater Recognition Line(s) |  |  |
| Advertiser's Name: |  |  |
| Contact: |  |  |
| Address: |  |  |
| City:_______________________ |  |  |
| Telephone (day):_____________ Evening: |  |  |
| Make check payable to Skating Club of Western New York Questions? Contact: Kathy Gregoire @ kathygregoire@yahoo.com Deadline: April 15, 2018 |  |  |
| Please send this form, with check and camera-ready artwork to: <br> Kathy Gregoire <br> 3598 Heatherwood Drive <br> Hamburg, New York 14075 |  |  |


[^0]:    Maximum of 2 spins:

    - 1 spin combination, with or without change of foot (Min 6 rev$)^{*}$
    - 1 spin with only 1 position. No change of foot. Min 4 rev.*

    Both spins may start with a flying entry

    These spins must be of a different character
    For definition see U.S. Figure Skating Rule 4103 (E)

